

Milankovitch theory in the Earth System

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Abstract

In the early 20th century, Milutin Milankovitch revisited and formalized the hypothesis that “ice age” episodes of alpine glacier advance were caused by slow but regular changes in Earth’s orbit around the Sun. In the mid-1900s, climate reconstructions provided the first empirical support for a link between orbit and climate, with Milankovitch’s specific orbital hypothesis offering promise to explain Northern Hemisphere glacial changes. However, ice ages were found to exhibit global rather than regional cooling, indicating that other processes must also be involved. In the 1980s, reconstructions of recurring ice age changes in ocean circulation and atmospheric carbon dioxide (CO₂) promised to provide the missing ingredients, with the latter specifically involving the CO₂-driven greenhouse effect. This chapter focuses on how new reconstructions, models and statistical tests have changed our understanding both of Milankovitch theory and of the carbon cycle dynamics that acted to amplify and globalize glacial/interglacial climate cycles.

Key points

- We outline the historical context of classical Milankovitch theory and the mechanisms it contains to link Earth’s orbit to the rhythm of recurring ice ages.
- We survey changes in ice sheets, ocean circulation, the global carbon cycle and climate variability that moderate the climate response to orbital forcing.
- We highlight outstanding questions regarding the total Earth System response to geologic, orbital and stochastic climate forcings.

Introduction

Humans have seemingly always looked to the sky in search of divine influence on events in their natural environment, assigning specific meaning to the Sun, the moon, the wandering stars and the fixed stars. These notions culminated in the Copernican revolution placing the Sun in the center of our solar system, with Earth and the wandering stars each following their own elliptical orbit around the Sun in the focus point. In the 18th and 19th century, when the new field of Geology developed striking evidence for past climate change across eons of deep time, scientists sought mechanistic and deterministic explanations for these drastic environmental changes. It was found that Earth most recently experienced “ice age” advances of alpine mountain glaciers and northern ice sheets that deposited gravels, boulders and shaped moraines into the modern landscapes (Esmark, 1824; Venetz, 1833; Schimper, 1837; Agassiz, 1840; Torell, 1872, 1873, 1875; Geike, 1894; cf. Fleming, 1998; Krüger, 2013) and that distinct phases of ice age glaciation were separated by intervening “interglacial” warm periods (Penck, 1879; Chamberlin, 1894). Evolving alongside this geologic evidence, early theories considered how Earth’s orbit around and its orientation toward the Sun might have differed in the past to cause the last ice age (Esmark, 1824; Herschel, 1832) and later how cyclical changes in Earth’s orbit and orientation may have caused repeated glacial-interglacial cycles (Adhémar, 1842; Croll, 1864, 1875; Pilgrim, 1904). It is this line of research that Milutin Milankovitch (1879–1958) championed, making “Milankovitch theory” synonymous with the orbital theories aimed at explaining the ice ages.

Milankovitch developed a mathematical framework to compute how the influence of the other solar system bodies effects changes in daily, seasonal and annual solar insolation received by Earth at different geographic latitudes. Further, Milankovitch advanced a climatology based on the daily and seasonal balance between absorbed insolation and outgoing thermal radiation, whereby low summer-season insolation at 65° northern latitude causes cool summers and persistence of reflective snow cover at high-latitudes, which in turn causes regional cooling, snowline lowering and the initiation of continental ice sheets in the high latitude northern hemisphere. Finally, Milankovitch estimated that, by reflecting sunlight to space, the ice sheets themselves would have an indirect cooling effect that is highly concentrated in the region immediately adjacent to the northern ice sheets, sufficient to explain landform evidence for the repeated down-valley advance of mountain glaciers¹ in the European Alps (44–48°N). On this basis, Milankovitch induced that low 65°N summer insolation was “enough to cause ice ages”² and that:

“[...] the presented solution to the ice age problem yields a new problem, that is, why did orbital insolation forcing not cause similar glaciations before the last 800 thousand years.” – Milankovitch, (1930, p.A175).

While it was later found that recent ice ages were indisputably influenced by orbital insolation forcing (Hays et al., 1976; Imbrie et al., 1984), the narrow view of ice ages as regional phenomena that were immediately and exclusively caused by insolation changes was questionable from the beginning (Penck, 1938; Milankovitch, 1941), and it is no longer tenable in light of modern observations and models (Imbrie et al., 1993; Paillard, 1998). For example, recent ice ages became progressively more severe across multiple cycles of low northern summer-season insolation (Broecker and Van Donk, 1970). Moreover, when ice volume finally reached a maximum at the peak of the last ice age, cooling was global rather than regional (“ice age as times of general cooling, including the tropics”; cf. Penck, 1938, p.349; CLIMAP, 1976; Tiemey et al., 2020). Neither of these observations is explained by Milankovitch’s mechanism for ice ages. In addition, it was discovered that warming at the end of the last ice age initiated in the Southern Hemisphere (Bender et al., 1994; Sowers and Bender, 1995; Blunier et al., 1998; Blunier and Brook, 2001; Shakun et al., 2012), thousands of years (millennia, in units of *k*yr for duration and *ka* for absolute age) before abrupt warming and ice sheet disintegration in northern high-latitudes (Deschamps et al., 2012; Snoll et al., 2024; Hines et al., 2025). There is also evidence that ice age climate cycles evolved independently from orbital forcing (Paillard, 2001; Lisiecki and Raymo, 2005; Chalk et al., 2017). Thus, it remains an outstanding challenge to mechanistically connect orbit-driven changes in insolation with Earth’s reconstructed climate history.

After a brief review of the historical context of orbital theories for ice ages, we turn to the dynamical elements of the Earth System that were theorized at the time but not fully considered by Milankovitch: (1) the glaciologic dynamics affecting ice sheet response to forcing, (2) the response of surface temperature, winds and ocean circulation to forcing, (3) the carbon cycle feedbacks that regulate the climate forcing by atmospheric CO₂ in response to changes in ice sheets, climate and ocean circulation. In addition, (4) we consider the continuum climate variability that emerges from slow-acting feedbacks in the Earth System. We summarize the perspective that ice age cycles are not simply the product of orbital forcing of ice sheets, as the ice age cooling cannot be explained without the coupled action of ocean circulation and the global carbon cycle. Moreover, we observe an important role for chaotic millennial-scale variability in ocean circulation and atmospheric CO₂ in the chain of events that ended recent ice ages. Lastly, secular trends in ocean circulation, the carbon cycle, the progressive development of the ice sheets, and their transformation of Earth’s landscapes are implicated in the evolution of the ice age cycles through time.

From orbit to climate

Earth orbit

Structures built in antiquity frequently appear to be aligned with the stars, such as Stonehenge, which defines a visual axis that connects sunrise on the longest day of the year (summer solstice) with sunset on the shortest day (winter solstice). Indeed, humans have stargazed since at least the Stone Age, for such diverse purposes as time-telling, navigation and spirituality. When an entirely new (fixed) star became visible over the southern horizon of the Mesopotamian city of Eridu some 6000 years ago, word spread quickly, but it would take another 200 years for it to become visible in the more northern city of Uruk (Bautsch and Pedde, 2023). Ancient cultures also tracked the movements of “wandering stars” (ancient Greek *πλανήται*; latin *planetae*; i.e., the planets). Moreover, observers in several cultures noticed that the position of the fixed stars as seen during equinox appeared to shift gradually over time, with the ancient Greeks developing a cosmology with the celestial objects affixed to “orbs” that rotate about Earth, which was perceived as the unmoving center of the universe. This geocentric system was able to predict the ascent of the wandering stars, with some inaccuracies, contradictions, and complications. Recognizing these shortcomings, 16th century scholar Nicolaus Copernicus formulated a new cosmology that had the Sun at its center, with Earth and the other planets moving on concentric orbits around the Sun. This new view of the world was confirmed and refined when Johannes Kepler found the planets to follow elliptical orbits, moving faster when closest to the Sun (perihelion) and slowest when furthest away (aphelion). The Copernican revolution in understanding Earth’s place in our solar system was completed when Isaac Newton generalized Kepler’s laws of planetary motion to infer the law of gravitation, defining the force that keeps the planets on their elliptical orbits around the Sun.

¹Milankovitch (1930), p.A170: “Due to this [insolation-induced] reduction of summer temperature, the snowline was shifted by a mean of 700 to 800m lower than at present. Wide-ranging areas thereby became covered by an ice blanket lasting through summer and glaciers advanced to conquer the valleys.”

²Milankovitch (1941; p.616f) “[According to Penck, 1938 ...] secular insolation changes are incapable to quantitatively explain the large climates swings of the Quaternary. The calculations reported here contradict that perspective. When accounting for the changing reflectivity of Earth, insolation changes are enough, as proven by the numbers, to completely explain even the largest climatic events of the Quaternary and to clarify their cause [Ursache].”

With the general notion of planetary motion settled, Newton shifted attention to the problem of the stability of planetary orbits and the solar system, leading to advances in mathematics that allowed calculation of the gravitational attractions among the planets (e.g., [Le Verrier, 1846](#)) that act to change their orbits over time to make them more or less elliptical (increasing and decreasing their orbital eccentricity). For Earth, this results in a short (100-kyr) and a long (400-kyr) eccentricity cycle ([Fig. 1A left](#)). The attraction of the planets on each other causes their elliptical orbits to gradually rotate around the Sun (“apsidal precession,” [Fig. 1A center](#)). In addition, it was found that Earth’s rotation flattens the shape of Earth (and the other planets) at the poles to create an equatorial bulge that is tilted with respect to Earth’s orbit and hence creates a torque when subject to gravitation (as from moons), so that Earth’s inclined spin axis gradually describes a circle around the normal of Earth’s orbit (axial precession of the Earth-Moon system; [Fig. 1B left](#); [Wu et al., 2024](#)). It is this “axial precession” that primarily causes the gradual shift of fixed stars at equinox observed since antiquity. Earth’s axial precession is toward the apsidal precession of Earth’s orbit, yielding a ~ 21 -kyr precession of the equinox ([Fig. 1C left](#)). Moreover, the orbits of Venus, Earth, Jupiter and Saturn are all slightly tilted relative to the Laplace plane of the solar system (i.e., the plane defined by the angular momentum vector of the solar system as a whole), with the normal to their orbits precessing around the normal of the Laplace plane (precession of the ascending node) as required by conservation of the angular momentum of the solar system. Finally, because Earth’s and Venus’s spin axis movements are tightly coupled by conservation of angular momentum ([Rainey, 2021](#)), both axes describe coordinated precession motions relative to the Laplace plane ([Fig. 1B right](#)), resulting in dominant periods of 72-kyr and 50-kyr, the latter arising from interference by Jupiter and Saturn (cf. [Fig. 4](#) and equation 30 in [Rainey, 2022](#)). The precession of the Earth-Jupiter system ([Fig. 1B right](#)) is slower than and away from the axial precession movement ([Fig. 1B left](#)). Taken together, the interactions act to change the tilt of Earth’s spin-axis relative to the normal of Earth’s orbit with a dominant 41-kyr and lesser 54-kyr periodicity ([Fig. 1C right](#))—commonly referred to as Earth’s obliquity.

Orbit, insolation, and climate

We experience Earth’s orbit relative to the Sun, with the daily cycle of Earth’s rotation and the seasonal cycle of each year that Earth orbits the Sun. For that reason, orbital forcing of climate manifests as gradual changes in the intensity of daily solar insolation and the duration of the different seasons ([Chiang and Broccoli, 2024](#)). Taking the 2025 orbit as an example, it takes 88.9 days from winter solstice to spring equinox (Dec. 21st to March 20th), 92.7 additional days to summer solstice (June 20th), 93.7 additional days to autumn equinox (Sep. 22nd), and 89.9 additional days back to winter solstice; for a total of about 365.25 calendar days per astronomical year (hence the leap years proposed by Julius Cesar in 46 BCE). Moreover, in 2025, Earth’s closest and furthest distance from the Sun fell on Jan. 4th (147 million km) and July 3rd (152 million km). In the Northern Hemisphere, the seasonal distance and orbital speed changes yield slightly stronger winter daily insolation but shorten the winter season while slightly weakening summer daily insolation but lengthening the summer (and the reverse in the Southern Hemisphere; [Fig. 1C left](#)). Over time, these dates gradually shift relative to each other and relative to our calendar, thereby changing how sunlight is distributed over the year.

The Northern Hemisphere has more spring/summer than autumn/winter days and hence more annual hours of daylight than nighttime, and the reverse applies to the Southern Hemisphere. On that basis, [Adhémar \(1842\)](#) proposed that the current orbit produces long Southern Hemisphere winters and hence favors glaciation of Antarctica, but that precession of the equinox would periodically reverse the hemispheric bias in daylight hours so as to cause northern glaciation, i.e., the recurring ice ages discussed at the time ([Schimper, 1837](#); [Agassiz, 1840](#)). This idea of orbitally forced climate had a mixed reception ([Krüger, 2013](#)), in part because Alexander von Humboldt pointed out (cf., [Krüger, 2013](#), p.482) that seasons are longer when Earth is farthest from the Sun (aphelion), with relatively weaker intensity of daylight (i.e., stronger insolation during short seasons), such that both hemispheres receive almost equal annual average insolation. [Croll \(1864\)](#) advanced Adhémar’s orbital theory of ice ages by recognizing that a long winter with weak insolation would be a cold winter and that the change in insolation seasonality due to precession is stronger when Earth’s orbit is more eccentric (with a greater difference in distance to Sun between aphelion and perihelion, [Fig. 1A left](#); [Croll, 1867](#)). He also proposed that the climate response to this orbital forcing could be amplified by positive feedback mechanisms,³ pointing to the high reflectivity (albedo) of snow and ice and speculating about ocean circulation changes ([Thompson, 2021](#)). Specifically, Croll realized that a modest cooling caused by orbital insolation forcing can lead to increased snow and ice cover of the landscape, the high albedo of which leads to less solar radiation absorption and, thus, further cooling—the concept of a strongly positive (amplifying) ice–albedo feedback regulating regional temperature change. Changes in Earth’s obliquity ([Fig. 1C right](#)) did not feature in Adhémar’s orbital theory, were only outlined in Croll’s work, and were not included in the synthesis orbital solutions by [Le Verrier \(1846\)](#) and [Stockwell \(1873\)](#). It was [Pilgrim \(1904\)](#) who first set out to compute and tabulate, for the last million years, all three orbital elements that determine Earth’s insolation ([Fig. 1B](#)). With this initial input, Milankovitch calculated the corresponding changes in seasonal insolation at various latitudes and then explored their implications for temperature and land ice in an effort to explain the evidence of past Northern Hemisphere glacial advances ([Berger, 2021](#), [Fig. 1C](#)).

Milankovitch’s successively refined insolation curves ([Milankovitch, 1920, 1930, 1941](#)) demonstrated the precession-driven changes that yield long and cold winters alternating in a 21-kyr cycle between the hemispheres (cf. [Adhémar, 1842](#); [Croll, 1864](#)) as

³Croll (1875), p.52: “There is one remarkable circumstance connected with those physical causes [of ice ages] which deserves special notice. They not only all lead to one result, viz., an accumulation of snow and ice, but they react on one another. It is quite a common thing in physics for the effect to react on the cause. In electricity and magnetism, for example, cause and effect in almost every case mutually act and react upon each other. But it is usually, if not universally, the case that the reaction of the effect tends to weaken the cause. The weakening influences of this reaction tend to impose a limit on the efficiency of the cause. But, strange to say, in regard to the physical causes concerned in the bringing about of the glacial condition of climate, cause and effect mutually reacted so as to strengthen each other. And this circumstance had a great deal to do with the extraordinary results produced.”

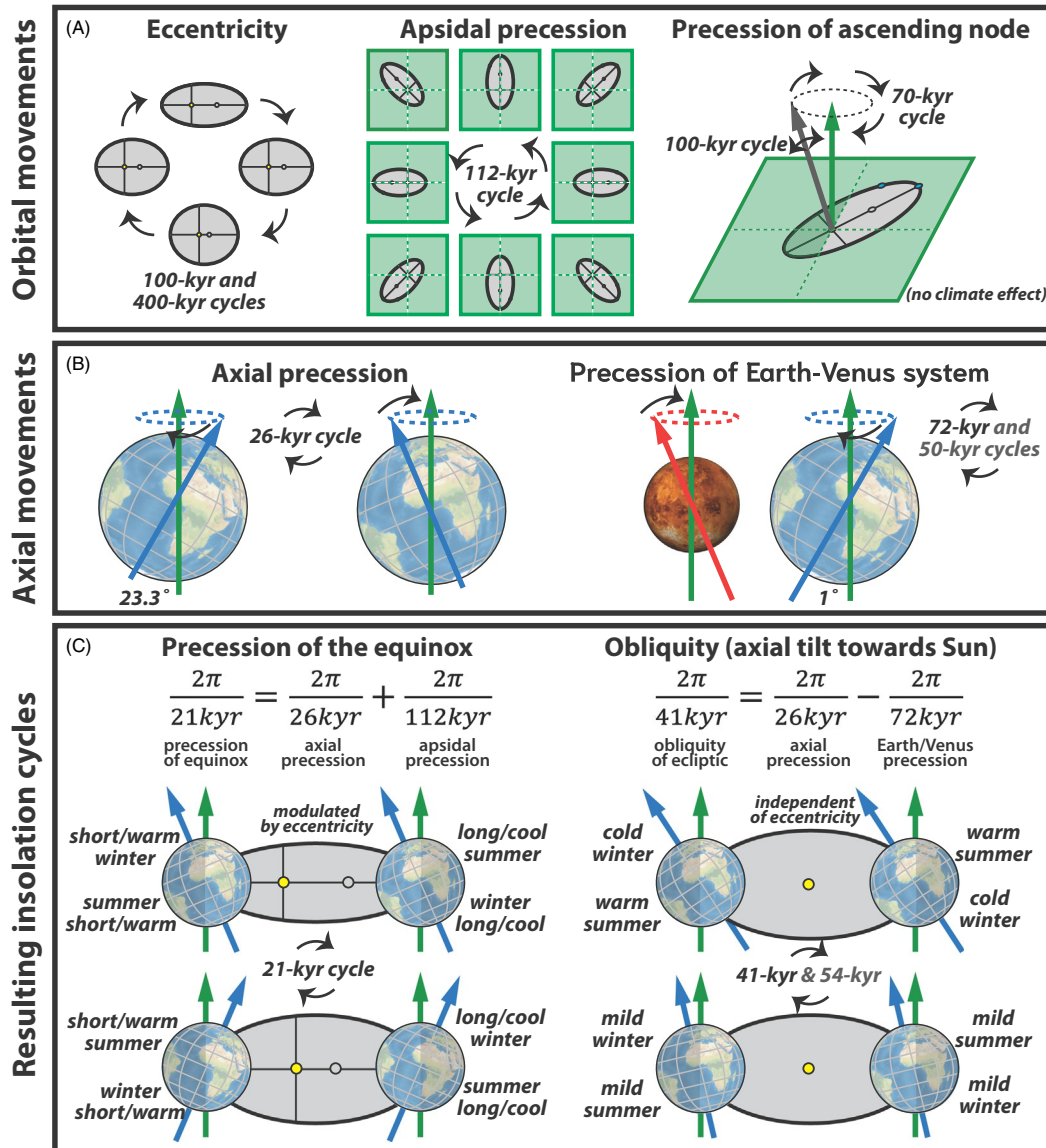


Fig. 1 Illustration of (A) cyclical movements in Earth's annual orbit, (B) of Earth's rotation axis orientation, and (C) the resulting seasonal insolation changes that affect Earth's climate, highlighting the causal relationship between Earth's orbit and seasonal climates. (A, left) The gravitational attraction among planets causes Earth's orbit to deviate from being circular on a cyclic basis. The "eccentricity" of its elliptical orbit refers to the distance between the two focus points of the orbit, one of which is occupied by the Sun (yellow dot). There are eccentricity cycles of both 100 kyr and 400 kyr period. (A, center) Aphelion and perihelion (farthest and closest points to Sun) take a 112-kyr period of apsidal precession to rotate relative to the fixed stars (our galaxy) on the plane of the solar system (i.e., the Laplace plane, shown as a green square with its normal vector as green arrow). (A, right) The slight tilt of the normal of Earth's orbit (black arrow) relative to the normal of the Laplace plane (green arrow) oscillates with a 100-kyr period, and the direction of tilt rotates with a 70-kyr period relative to the fixed stars. (B, left) Earth's rotation on its axis (blue arrow) causes an equatorial bulge that attracts a torque by gravitation with Moon and Sun. (B, right) The movement of the Earth-Moon system and of Earth's rotation axis describes a 26-kyr circle (axial precession) around the Laplace normal (green arrow) relative to the fixed stars, as noted by observers in antiquity. In addition, (B, right) the tilts of the rotation axes relative to the Laplace plane of Venus and the Earth-Moon system are tightly coupled by conservation of angular momentum, with a dominant period of 72 kyr and a secondary period of 50 kyr that is excited by torque from Jupiter and Saturn (Rainey, 2021, 2022). Earth's spin axis is hence tilted in two directions: $\sim 23.3^\circ$ relative to the Laplace plane (as stabilized by the Moon) and $\sim 1^\circ$ with respect to corresponding tilt of Venus. These factors combine to lead to two dominant orbital cycles in the annual cycle of insolation of solar radiation received by Earth (C). First, (C, left) apsidal and axial precession (panels A and B, respectively) are toward each other, shortening the climatologically meaningful *precession of the equinox* so that its period is an average of only 21 kyr. Second, (C, right) the tilt axial precession and the precession of the Earth-Venus system are both clockwise, yielding a dominant 41-kyr and a weaker 54-kyr cycle for Earth's *obliquity of the ecliptic* (i.e., the net tilt of Earth's axis relative to Laplace normal and Sun). Precession of the equinox shifts local insolation between seasons, an effect that is stronger when orbital eccentricity is greater and insignificant when the orbit is nearly circular, every 100 kyr. Low obliquity yields mild seasons at any given latitude while producing a larger annual average insolation contrast between the tropics and the polar regions, independent of the orbit's eccentricity, with minimal insolation effects on mid-latitude regions such as the European Alps. In common usage, "climatic precession" (of the equinox) and "obliquity" (of the ecliptic) are described as separate phenomena with distinct climatic effects. Milankovitch theory does not explicitly distinguish between precession and obliquity but instead focuses on their combined effect on summer-season insolation received at "boreal" high northern latitudes (i.e., 65°N), which is significantly affected by all orbital parameters (A and B) except precession of the ascending node (A, right).

well as a distinct 41-kyr cycle of annual insolation being either concentrated in the tropics during low obliquity, or being extended into the polar regions of both hemispheres during high obliquity (i.e., a combination of Fig. 1C left and right). That is, precession of the equinox redistributes insolation between the seasons, while obliquity redistributes annual average insolation between the tropics and the polar regions; neither cycle significantly changes the global annual average. Milankovitch recognized that the effect of low obliquity would primarily be summertime cooling in the polar regions. With the encouragement of Wladimir Köppen, he broke with the Adhémar/Croll theory that cold or long winters favor ice ages and instead hypothesized that low summertime insolation in the boreal zone (i.e., $\sim 65^\circ\text{N}$) would have facilitated the recurring initiation and growth of continental ice sheets in Scandinavia and North America (Brückner et al., 1925). Known terminal moraines from past down-valley advance of Alpine glaciers offered a temperature reconstruction by comparison to modern glaciers and could be dated by cross-cutting relationships and relative stages of colonization of glacial boulders by lichen, at the time offering the best available geologic test for the orbital theories of ice ages. Milankovitch recognized that the influence of obliquity on summer insolation was weak at the latitude of the Alps and that the local summer insolation changes were too weak to explain the $\sim 5^\circ\text{C}$ cooling suggested by the moraines. Based on these considerations and in consultation with his colleagues Köppen and Wegener, Milankovitch (1930) advanced the mechanistic theory that low boreal summer insolation (at 65°N) allows snow cover to persist through the summer to accumulate year-on-year and so form northern ice sheets. In his later work, Milankovitch (1941) used global snowline data compiled by Köppen (in Wegener, 1929) to further rationalize a boreal summer insolation threshold for ice sheet initiations, where snow and ice reflecting more sunlight back to space would more than double the local summer insolation forcing that results from orbital change alone, effectively including Croll's ice–albedo feedback but specifically tied to boreal summer-season insolation. This indirect albedo cooling effect would only impact the immediate vicinity of the northern ice sheets and thereby cause regional ice ages.⁴ As such, Milankovitch explained the timing of Alpine glaciers' down-valley advances when low obliquity favors boreal ice sheets that cause regional cooling (obliquity having minimal direct effect on insolation at the latitude of the Alps), aphelion coincides with summer solstice (yielding cool although long northern summers), and orbit eccentricity is high.

In modern reconstructions of the ice age climate cycles (Fig. 2), obliquity-period (41 kyr) variability is substantially stronger than variability with precession period (21 kyr) (Hays et al., 1976; Ruddiman et al., 1986; Lisiecki and Raymo, 2005), validating the core

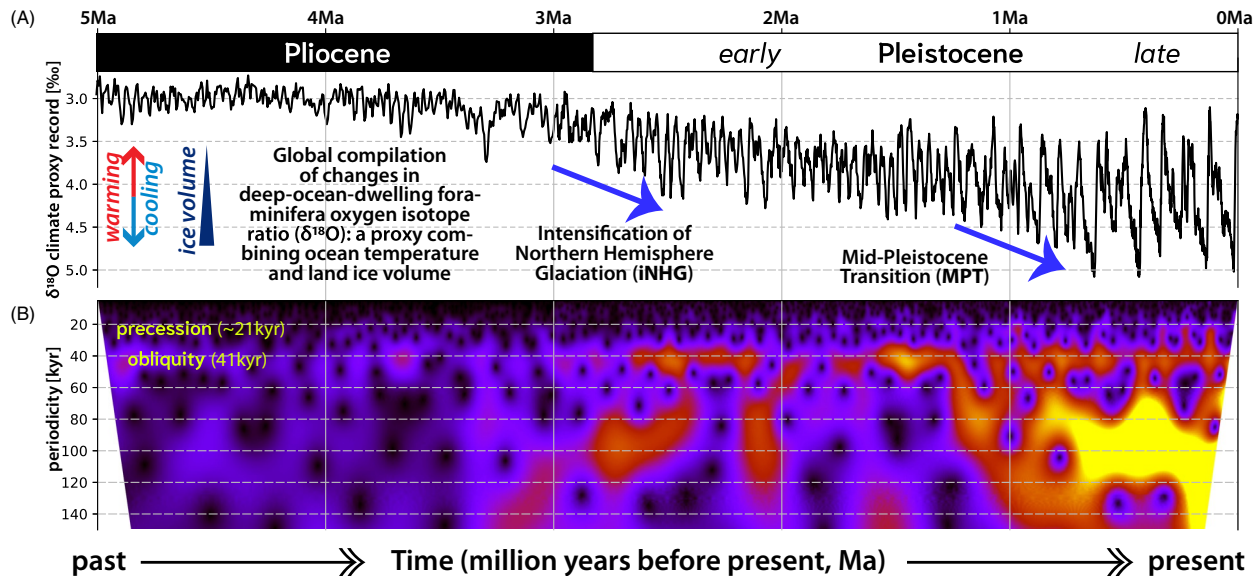


Fig. 2 Evolution of “ice age” climate cycles, as reconstructed by the benthic foraminifera oxygen isotope climate proxy that records a combination of temperature and ice sheet changes (Lisiecki and Raymo, 2005). The transition from the Pliocene to the Pleistocene geologic period is characterized by the intensification of Northern Hemisphere Glaciation (iNHG). During the Mid-Pleistocene Transition (MPT), the amplitude and period of cold glacial stages increase, and it is frequently identified as the time when the apparent period of the ice age cycles lengthens from dominantly “obliquity-like” (~ 41 kyr) to more “eccentricity-like” (~ 100 kyr). The evolving periodicities of climate variability can be further visualized by continuous wavelet transformation (panel B), where the absence of variability for a given periodicity (y-axis) is shown in black and the warming of colors from blue to red and yellow reflects greater variability at the indicated period. Variability with the 41-kyr period of orbital obliquity is evident throughout the record, but its power increases markedly during the iNHG and remains elevated thereafter. Variability with the ~ 21 -kyr period of precession is much weaker than obliquity throughout the record, but its power increases markedly from the MPT onward. The apparent ~ 100 -kyr variability that developed during the Pleistocene is a key unresolved aspect of the ice age cycles, most often attributed to the eccentricity cycle (Fig. 1A). Additional spectral analysis of the oxygen isotope record is shown in Fig. 6B.

⁴Milankovitch (1930), p.A143: “During the ice ages [...] we need to separate regions as follows: into those outside the glaciation, those in the core of the glaciated area, and those marginal regions at the transition of glaciated and non-glaciated regions. In the non-glaciated region, considering insolation changes even during ice age periods, everything stays as it was during the interglacial period; that is, temperatures change in parallel with [local] insolation. In the other two categories differences arise between changes in insolation: the minima in temperature are amplified, and in the glaciated regions the warming between neighboring minima is weakened [...] so that two separate time intervals of cold summer leave behind the impression of one unified ice age.”

tenant of Milankovitch theory. Modern dating of Alpine moraines is in remarkable agreement with Milankovitch's age assignments, and climate models support Milankovitch's argument that the regional cooling of the Alps was dominated by the ice-albedo cooling effect of boreal ice sheets (Zhu and Poulsen, 2021). But with the benefit of modern observations and models, the research community has found that Milankovitch's core proposals fail to address important aspects of the ice age cycles (Paillard, 2001; Berger, 2013, 2021). One problem is that the significant precession component of boreal summer insolation (at 65°N) is proportionally minor in the climate record (Fig. 2B). Explanations for its particular absence before ~1 Ma include (1) an explicit temperature threshold for summer-season melting (Huybers and Tziperman, 2008) broadly similar to Milankovitch mechanistic theory, and (2) cancellation of precession-driven ice sheet melting between the hemispheres (Raymo et al., 2006) more similar to Adh mar's theory. After ~1 Ma, precession remains a proportionally minor periodicity (Fig. 2B), but there are signs of precession's importance in the specific timings of the major deglaciations (Kawamura et al., 2007; Suwa and Bender, 2008) and in other aspects as well. A second problem is that the intensification of Northern Hemisphere Glaciation (iNHG) ~2.7 Ma ago yielded 41-kyr cycles of ice sheet advance and retreat (Imbrie et al., 1992) (as distinguishes Milankovitch and Adh mar/Croll theory), but that the dominant ice age period shifted to ~100-kyr cycles of gradual advance and abrupt retreat during the Mid-Pleistocene Transition (MPT) about one million years ago (Imbrie et al., 1993). The difference in phenology of glacial cycles before and after the MPT would require a novel orbital theory, beyond Milankovitch theory, such as skipping of 1 or 2 obliquity maxima (warm polar summers) to yield an average 100-kyr ice age period (Huybers, 2006; Huybers and Wunsch, 2005; Tziperman et al., 2006; Tzedakis et al., 2017; K hler and Van De Wal, 2020) or non-linear phase locking of climate to the 100-kyr cycle of orbital eccentricity that modulates the intensity of precessional insolation forcing (Pilgrim, 1904; Imbrie et al., 1993; Shackleton, 2000; Maslin and Ridgwell, 2005; Raymo et al., 2006; Lisiecki, 2010; Huybers, 2011; Rial et al., 2013; Barker et al., 2022, 2025; Hobart et al., 2023; Ganopolski, 2024; Zhang et al., 2025). Nodal precession of Earth's orbit also has a 100-kyr periodicity (Fig. 1A right), but it has no direct effect on Earth's orientation toward the Sun (Muller and MacDonald, 1997), and its 100-kyr phase is offset by 30 thousand years from the actual climate cycles, making it an unlikely contributor to the ice ages (Berger, 1999). There is also the possibility that the 100-kyr cycle is an intrinsic mode of climate system variability (Saltzman and Maasch, 1988; Shackleton, 2000; Toggweiler, 2008; Riechers et al., 2022; Mitsui et al., 2025; Koepnick and Tziperman, 2024).

Ice sheet dynamics

Early records revealed that recent ice ages followed a distinct "sawtooth" pattern of long periods of ice sheet growth and cooling followed by brief periods of deglaciation and warming (Broecker and Van Donk, 1970). Subsequent refinements of the climate record confirmed that this pattern has a ~ 100-kyr period even though Northern Hemisphere and boreal insolation forcing has little spectral power in the 100-kyr band (Hays et al., 1976; Imbrie et al., 1984). It was hence concluded that the dynamic behavior of the ice sheets integrated orbital forcing (Imbrie and Imbrie, 1980) and that the changes in ice and climate were *paced* but not uniquely *controlled* by insolation change (Imbrie et al., 1993). For example, the idea that ice sheets grow slowly but melt quickly as they follow orbitally-forced changes in ice sheet size was influential, even though it did not resolve the glaciologic mechanisms that control the ice sheet response to forcing.

According to Milankovitch (1930, 1941), northern ice sheets initiate when winter season snowfall exceeds summer season melting, which in the case of mountain glaciers corresponds to the "snowline" above which snow and ice cover persists through the summer melt season. Milankovitch also identified two positive feedbacks that amplify the response of ice sheets to forcing (Fig. 3A), including the ice-albedo feedback (see also Croll, 1875; Manabe and Wetherald, 1975) and the accumulation-elevation feedback (Levermann and Winkelmann, 2016). In the ice-albedo feedback, orbitally-driven reduction in boreal summer insolation causes relatively cool summers that lower the elevation of the snow line and hence increase summer season snow cover. Further, snow and other forms of ice reflect 40–90% of incoming insolation (albedo α of 0.9 and 0.4 for fresh and melting snow, respectively; Gardner and Sharp, 2010) compared to <20% for bare soils, grasslands and forests (α between 0.1 and 0.2; Rechid et al., 2009), resulting in a large potential change in net absorbed insolation (ΔF_{net}):

$$\Delta F_{\text{net}} \approx (1 - \alpha) * F_{\text{in}} - \Delta \alpha * \overline{F_{\text{in}}}$$

For example, summer solstice daily incoming insolation at 65°N varies between ~450–515 W/m² (F_{in} ; Huybers, 2006), with a mean of ~480 W/m² ($\overline{F_{\text{in}}}$) and up to -65 W/m² incoming radiative forcing (ΔF_{in}) associated with the change from perihelion to aphelion summer solstices, and with -52 W/m² net radiative forcing when assuming a snow-free landscape (α of 0.2; first term on right hand side). Assuming a change to melting but persistent summertime snow cover ($\Delta \alpha$ of 0.2) reduces net orbital insolation forcing to 39 W/m² and results in -96 W/m² mean albedo forcing (second term). Considering the seasonal energy budget, Milankovitch estimated about 1 K of regional summer cooling and 60 m of snowline lowering per -10 W/m² net radiative forcing,⁵ and assuming that the region becomes fully ice covered, he projected that the net radiative forcing would be up to three-times greater than the incoming radiation orbital forcing.⁶ Early numerical ice sheet energy balance models encapsulating these feedbacks yielded the insight that if Earth ever became glaciated, it would absorb too little solar radiation and be too cold to melt (Budyko, 1969; Sellers, 1969; Faegre, 1972), presaging the discovery of "snowball Earth" global glaciation events in Earth's deep geologic history

⁵Milankovitch (1930) equations 48 and 49, p.A168.

⁶Milankovitch (1941) Table XXVIII, comparison of Figure 55 illustrating orbital forcing without ice-albedo feedback and Figure 56 illustrating net radiative forcing of orbit and northern ice sheet albedo.

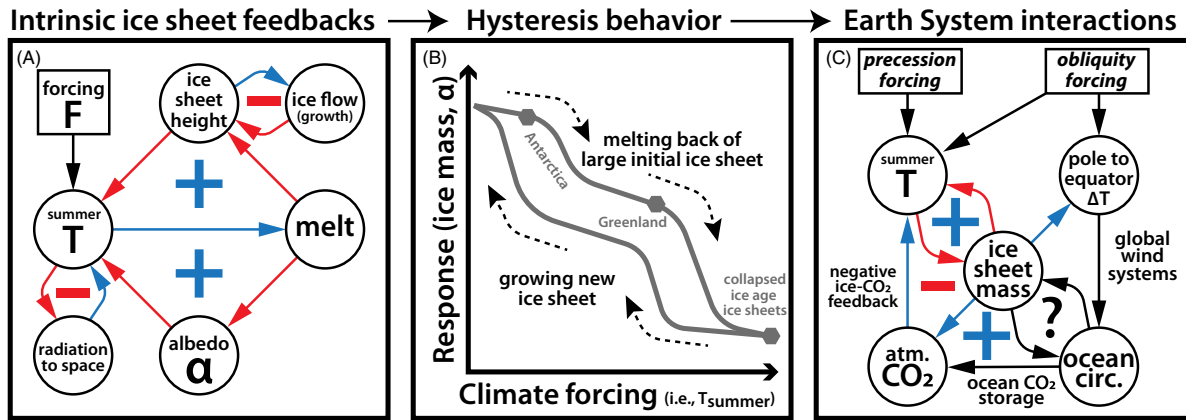


Fig. 3 Illustration of the dynamic behavior of ice sheets in the Earth System. (A) Ice sheet mass balance and lateral ice flow is linked to melt-season temperatures, as proposed by Brückner et al. (1925) and Milankovitch (1930). Cold summers lead to less melting and allow year-over-year accumulation of snow that raises surface elevation and landscape albedo (i.e., fraction of incoming sunlight reflected to space, α), both contributing positive (+, i.e., amplifying) feedbacks on summer temperature (i.e., causing additional cooling). In the local energy balance, cool summers yield less upward radiation (to space), thereby stabilizing surface temperatures through a negative (–, i.e., stabilizing) feedback. Likewise, snow only accumulates to the point that snow fields turn into glaciers, which flow and grow laterally, in a negative (stabilizing) feedback on ice surface elevation. These and other feedbacks result in multi-stability and hysteresis behavior of ice sheets (panel B), where the stable size of the ice sheet depends not only on the concurrent summer temperatures but also on the pre-existing state of the ice sheet. In the context of the broader climate system (panel C), the positive ice–albedo feedback also increases the pole-to-equator temperature gradient in the northern hemisphere, which acts to strengthen equator-to-pole heat transport by atmosphere and ocean (Lorenz, 1955; Bryan, 1987; Trenberth, 2022). Further, meltwater input to the polar ocean can disrupt the ocean’s overturning circulation (Croll, 1875; Rahmstorf, 1996), with uncertain climate feedbacks with the ice sheets (Snoll et al., 2024). Finally, when ice sheets grow, they withdraw freshwater from the ocean, lowering sea level, reducing the mass of the ocean and thereby leading to persistent CO_2 increase to form a negative (–) feedback (Hain and Sigman, 2024). In contrast, change in the ocean’s circulation and its relationship to biological productivity alters CO_2 storage in the ocean’s deep water, which is thought to be the primary cause for low atmospheric CO_2 concentration during ice ages, forming a strong positive (+) ocean– CO_2 feedback (see Fig. 5C). Because of the central role of ice sheets in ice age climate change, it seems likely that the broader climate system inherits hysteresis behavior from the ice sheets. Solid arrows represent causal links, with blue indicating that a cause leads to the same sign in its effect while red indicates that a cause leads to the opposite sign in its effect.

(Kirschvink, 1992; Hoffman et al., 1998; Macdonald et al., 2010) and providing the first evidence for the multi-stability and hysteresis behavior of ice sheets.

Modern process-based ice sheet models retain the classical positive (amplifying) feedbacks of energy balance but have a strong emphasis on the dynamic flow of ice and the diverse effects that govern the continuum mechanics of ice deformation (Greve and Blatter, 2009). This shift away from local energy balance is based on the recognition that even within a stable ice sheet, the ice itself is continuously flowing from high elevation accumulation zones to low-elevation ablation or calving zones. If an ice sheet is frozen solid to crystalline bedrock, the ice flow is relatively slow and entirely accommodated by ice deformation, with frictional heating dispersed throughout the ice column. In contrast, in “wet-based” ice sheets or ice sheets frozen to soft sediment layers, “regolith” friction is relatively low, and the ice flow is relatively fast and accommodated by sliding at the base or within the regolith (Morland et al., 1984; Piotrowski and Tulaczyk, 1999; Pollard and DeConto, 2012). One prominent hypothesis posits that the erosion of subglacial regolith after the INHG progressively increased basal friction, causing ice sheets to grow thicker and become more stable (Clark and Pollard, 1998), leading to the larger and longer-lasting ice ages after the MPT (see Fig. 2).

Current generation ice sheet models suggest that hysteresis is a general characteristic of ice sheets (Pollard and DeConto, 2005; Calov and Ganopolski, 2005; Schoof, 2007; Abe-Ouchi et al., 2013; Ullman et al., 2014; Garbe et al., 2020; Van Breedam et al., 2023; Gutiérrez-González et al., 2025; Leloup et al., 2025). As a key result, growing an ice sheet of a certain size requires a colder climate than is needed to maintain an existing ice sheet (Fig. 3B; e.g., Gutiérrez-González et al., 2025). We know from the ice core record that the Greenland ice sheet was markedly smaller in the previous “Eemian” interglacial climate stage (NEEM community members, 2013), when temperature reconstructions suggest marginally warmer global climate but substantially warmer local climate (Leduc et al., 2010; Capron et al., 2014; Landais et al., 2016). Models suggest that anthropogenic warming could irretrievably destabilize the Greenland ice sheet if regional summer season temperatures exceed a warming threshold of 1–3 K for a protracted period (Fox-Kemper et al., 2021), in this case forced by greenhouse gas emissions rather than the orbital forcing considered by Milankovitch. In these models, the melting back generally takes thousands of years (Alley et al., 2005) but may proceed in abrupt steps due to additional threshold instabilities, for example, related to the buttressing effect of floating ice shelves (Schoof, 2007) or ice sheet saddle collapse (Gregoire et al., 2012; Reyes et al., 2024). While Milankovitch’s focus on melt season temperature is supported by these models, the intrinsic hysteresis behavior of the ice sheets integrates orbital, greenhouse gas and stochastic forcing from weather and climate variability (Fig. 3C).

Beyond the intrinsic ice sheet behavior in response to forcing, coupled Earth System models of the climate system and ice sheets demonstrate feedbacks between the simulated ice sheets, climate and ocean circulation (Fig. 3C). However, because of the long-timescale response of the ice sheets, model studies typically use computationally efficient idealized models (Ganopolski et al., 2010) and/or idealized experiments with limited coupling between the ice sheets, climate and ocean (Yun et al., 2023), thus

potentially underestimating the role of hysteresis in the glacial cycles. Ice sheets' influence on climate can extend beyond regional albedo-driven cooling. For example, ice albedo at high latitudes results in differential heating of the tropics that strengthens atmospheric circulation (Lorenz, 1955), similar to obliquity forcing, but, in the case of waxing and waning boreal ice sheets, mostly affecting the Northern Hemisphere (Fig. 3C). In addition, the implied meltwater released from retreating ice sheets has long been suspected to drive reconstructed changes in the Atlantic Meridional Overturning Circulation (AMOC) (McManus et al., 2004), thereby contributing to reconstructed millennial-scale climate variability, possibly impacting Southern Ocean circulation and, thus, atmospheric CO₂ during glacial terminations (Sigman et al., 2007; Denton et al., 2010). In the following sections, we survey key reconstructions and model results that inform our understanding of climate and ice sheet effects on ocean circulation and atmospheric CO₂.

Ocean circulation

James Croll originally proposed that ocean circulation participates in orbitally-forced ice age climate cycles by redistributing heat from the tropics to higher latitudes. Croll specifically highlighted the possible cessation of the Gulf Stream as a primary driver of regional climate change and glaciation:

The enormous extent to which the thermal condition of the globe is affected by ocean-currents seems to cast new light on the mystery of geological climate. What, for example, would be the condition of Europe were the Gulf-stream stopped, and the Atlantic thus deprived of one-fifth of the absolute amount of heat which it is now receiving – Croll (1875)

Modern observations and models support Croll's basic argument about the role of ocean circulation and heat transport in the climate system (Trenberth, 2022), with net ocean heat transport from the Southern to the Northern Hemisphere concentrated in the Atlantic. Moreover, reconstructed changes in ocean circulation at the end of the LGM resemble Croll's scenario. From this perspective, Milankovitch's exclusive focus on albedo⁷ was a retrenchment from an integrative view of the glacial cycles (e.g., Chamberlin, 1897, 1899; Croll, 1875). However, the role of ocean circulation in the ice age cycles remains unclear. Below, we first summarize key features of modern ocean circulation and then describe reconstructions of past changes in ocean circulation and climate.

A distinction has been drawn between the fast, wind-driven geostrophic circulation of the upper ocean subtropical gyres (Sverdrup, 1947; Stommel, 1948; Munk, 1950) and the slow overturning circulation of the global deep ocean (Stommel and Arons, 1959; Bolin and Stommel, 1961; Munk, 1966). The upper ocean is responsible for most of the ocean's heat transport (Bryan, 1987), with each ocean basin hosting a warm, poleward-flowing current on the western boundary and an equatorward return flow of relatively cool water in the eastern part of the basin (e.g., Talley, 2011). However, the deep ocean may be important for heat transport between the polar regions of each hemisphere. Moreover, the circulation of the deep ocean is central to the ability of the ocean to store CO₂ by biological means (Sarmiento and Toggweiler, 1984; Toggweiler and Sarmiento, 1985; Siegenthaler and Wenk, 1984; Knox and McElroy, 1984).

Because deep water ¹⁴C ages are relatively young in the North Atlantic and get older toward the deep Pacific, Broecker (1987, 1991) rationalized the ocean's global overturning circulation as a single-loop 'conveyor belt' with new cold deep water formed in the boreal North Atlantic (North Atlantic Deep Water, NADW) that slowly spreads into the global deep ocean, is upwelled to the surface in the Indo-Pacific, where it heats up and is returned as a warm surface current to the boreal North Atlantic (Fig. 4, modern circulation at top). It was later realized that the ocean's global overturning circulation is better described as an overlapping double-loop (i.e., with an upper and lower cell), with deep water formation in both North Atlantic (NADW) and in the Antarctic Zone of the Southern Ocean (Antarctic Bottom Water, AABW) dynamically balanced by westerly wind-driven upwelling of deep water in the Southern Ocean frontal system (Toggweiler and Samuels, 1995; Kuhlbrodt et al., 2007; Talley, 2013; Fig. 4A).

The upper overturning cell, often referred to as Atlantic Meridional Overturning Circulation (AMOC), functions to convey heat from the tropics and Southern Hemisphere to the boreal North Atlantic (Bryan, 1987; Kuhlbrodt et al., 2007). If the AMOC were to stall, the associated changes in ocean heat transport would cool the North Atlantic region and differentially heat the Southern Hemisphere (Broecker, 1998; Seidov and Maslin, 2001), much as suggested by Croll. Coupled climate-ocean circulation models suggest that the AMOC strength responds to the freshwater balance of the North Atlantic, with bi-stability and hysteresis behavior that lead to abrupt boreal climate change in response to gradual freshwater forcing (Manabe and Stouffer, 1988; Rahmstorf, 1995, 1996). In the context of future climate, this could mean that the AMOC is on the verge of shutdown as various sources of freshwater to the North Atlantic increase under anthropogenic forcing (Ditlevsen and Ditlevsen, 2023; Drijfhout et al., 2025), with the caveat that the continued wind-driven upwelling of dense waters in the Southern Ocean may sustain the AMOC for this century or longer (Baker et al., 2025). In the context of Quaternary climate history, there is striking evidence for 'violent shifts' in Greenland temperatures during the last glacial cycle (Dansgaard et al., 1982, 1984, 1993; Johnsen et al., 1992; North Greenland Ice Core Project members, 2004) (Fig. 4B,E) and cold 'stadial' periods of extensive ice-rafted debris in North Atlantic sediments (Heinrich, 1988; Hodell et al., 2008) that correlate with Antarctic warming (Barker et al., 2009; Capron et al., 2010) and shifts in tropical hydro-climate (Haug et al., 2001; Peterson et al., 2000; Wang et al., 2001, 2005, 2008; Chiang and Koutavas, 2004; Broecker, 2006).

⁷Milankovitch (1930), p.A115 "Calculated and observed temperatures differ [...] because] the Theory was forced to disregard the effects of Air and Ocean currents."

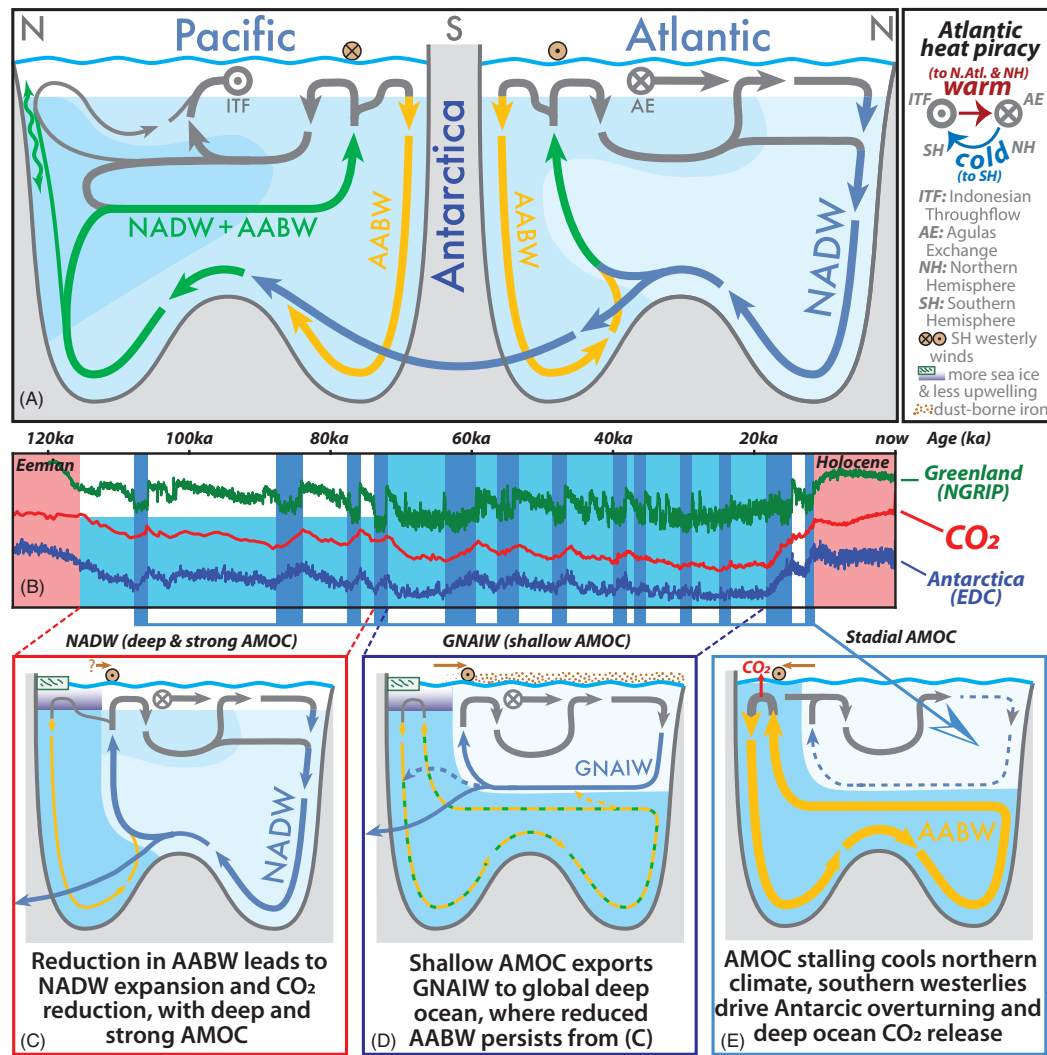


Fig. 4 Illustrations of (A) the modern deep ocean overturning circulation, (B) synchronized ice core climate records from Greenland (North Greenland Ice Core Project members, 2004; Capron et al., 2010), Antarctica (EDC, Jouzel et al., 2007) and atmospheric CO₂ (Lüthi et al., 2008), and (C,D,E) different patterns of ocean overturning during the last glacial cycle. The formation and export of North Atlantic Deep Water (NADW, blue) is balanced by other flows. Together, these comprise the Atlantic Meridional Overturning Circulation (AMOC), which transports southern hemisphere heat to the North Atlantic region (i.e., “Atlantic heat piracy” schematic, top right legend). NADW mixes with Antarctic Bottom Water (AABW; yellow) to fill the modern deep ocean (mixture shown in green). This pattern of circulation has prevailed during the current (Holocene) and the previous (Eemian) interglacial periods, which are characterized by minimal northern glaciation and relatively high CO₂ (red shading in B). Over the course of the last ice age cycle, we highlight three patterns of circulation change (Böhm et al., 2015; Sigman et al., 2010, 2003; Hain et al., 2010). (C) First, at the end of the previous interglacial (~110 ka), one interpretation of the available data is that Antarctic overturning and AABW formation declined and remained at a lower level for the rest of the ice age, strengthening the ocean’s biological pump and thus lowering atmospheric CO₂ (Hain et al., 2010; Studer et al., 2015). An alternative view is that, regardless of Antarctic overturning rate, sea ice cover prevented CO₂ escape from the Antarctic surface to the atmosphere (Stephens and Keeling, 2000; Marzocchi and Jansen, 2019). (D) Second, during the penultimate obliquity minimum (since 70 ka), the AMOC shoaled, yielding a shallower form of NADW that is often referred to as Glacial North Atlantic Intermediate Water (GNAIW). This mode of Atlantic circulation apparently continued to import Southern Hemisphere heat to the North Atlantic region and to export cold subsurface water to the global ocean—perhaps still mixing with AABW (dashed green; Hain et al., 2010; Kwon et al., 2012) and thereby contributing to reduced atmospheric CO₂ at this time. In addition to this circulation change, data suggest that iron fertilization of phytoplankton in the Subantarctic region of the Southern Ocean strengthened ocean CO₂ storage, also working to lower atmospheric CO₂ in the later, deeper part of the ice age (Martínez-García et al., 2014). (E) Third, millennial-scale cold (“stadial”) events in the North Atlantic region (and Northern Hemisphere broadly) occurred throughout the last glacial cycle, independent of orbital forcing. These events were associated with reduced NADW formation and lower AMOC-driven heat import to the North Atlantic. The strongest and longest of these events (dark blue shaded intervals) were consistently associated with Southern Hemisphere warming and atmospheric CO₂ increase (Ahn and Brook, 2008). Modes (C) and (D) are hence related to the build-up of ice ages, while the millennial mode (E) is implicated in the termination of the last ice age and of other late Pleistocene terminations (McManus et al., 2004; Sigman et al., 2007; Denton et al., 2010; Rafter et al., 2022).

Reduced AMOC heat transport may have promoted Eurasian ice sheet growth before the Last Glacial Maximum (Liu et al., 2025; Niu et al., 2024). As such, the dynamic behavior of the AMOC appears to be the leading cause of millennial-timescale spectral power in the Quaternary climate record (Barker et al., 2011). It remains unclear how the dynamic behavior of the AMOC interacted with the dynamic freshwater balance of the northern ice sheets (Snoll et al., 2024), but it is clear that cold northern climate conditions (Barker et al., 2009; Hodell et al., 2017) and reduced NADW production (Robinson et al., 2005; Thornalley et al., 2011; Fig. 4E) persisted for almost 3000 years (17.5 to 14.6 ka) before giving way to abrupt warming (Clark et al., 2012) and protracted ice sheet melt-back (Deschamps et al., 2012). That is, the vast northern ice sheets that had grown during optimal orbital conditions at 21 ka (low obliquity, northern summer solstice during aphelion) maintained their ice volume under deteriorating orbital forcing until AMOC heat transport commenced at 14.6 ka, after which time the northern ice sheets rapidly melted back (Peltier, 2005). Many investigators believe that the collapse of the ice sheets is primarily determined by orbital forcing that triggered AMOC change (e.g., Denton et al., 2010).

An additional focus of attention is the response of the “lower cell” of ocean overturning to orbital forcing, “upper cell” AMOC variability, and the ice sheets. When forced with ice age climate conditions, early coupled ocean-climate models reduced deep ocean overturning under sea ice cover of the polar ocean (Manabe and Bryan, 1985). However, simulations with more recent models instead tend to form deepwater during sea ice production and thereby accelerate the lower cell under cooler climates (Otto-Bliesner et al., 2007). With these models, simulations of colder climate (e.g., the Last Glacial Maximum, LGM) tend to yield a shallower AMOC and a lower overturning cell that is expanded under the influence of Antarctic sea ice formation and export (Manabe and Stouffer, 1999; Ferrari et al., 2014; Jansen, 2017). This AMOC response appears consistent with the paleoceanographic observations, which suggest a shift from the North Atlantic Deep Water of today to “Glacial North Atlantic Intermediate Water” during the LGM and previous ice ages (Duplessy et al., 1988; Curry and Oppo, 2005; Lynch-Stieglitz et al., 2007; Fig. 4D). This tendency to enhance lower cell overturning also arises when ocean models are forced with low LGM obliquity and greenhouse gas concentrations (Timmermann et al., 2007; Galbraith and De Lavergne, 2019; Yun et al., 2023).

While it is reasonable to assume that the more recent generations of climate- and ocean-models most accurately project ocean circulation change under ice age conditions, it is worth pointing out that these same models struggle to capture key aspects of the modern ocean (Donohoe et al., 2024; Chen et al., 2025). There is particular concern that ocean circulation models tend to form new AABW by open Antarctic deep convection (e.g., Killworth, 1983; Jansen, 2017; Marzocchi and Jansen, 2019), whereas AABW formation and deep cell ventilation appear to dominantly involve other oceanographic processes (Broecker et al., 1985; Gebbie and Huybers, 2010; DeVries and Primeau, 2011; Rae and Broecker, 2018; Abernathy and Ferreira, 2015; Orsi et al., 2002). This has implications for CO₂ storage in the ocean (Hain et al., 2010; Kwon et al., 2012; Sigman et al., 2021), which is the central topic of the next section.

Atmospheric carbon dioxide

The sensitivity of Earth’s climate to the atmospheric trace gas carbon dioxide (CO₂) first arose from experiments that showed certain “green-house gases” (GHGs; water vapor, CO₂, methane, nitrous oxide) absorb infrared radiation (Fourier, 1822; Pouillet, 1827, 1838; Foote, 1856; Tyndall, 1860). Svante Arrhenius (1896) quantified the CO₂ effect on surface temperature based on the observed atmospheric absorption spectrum of infrared moonlight (Langley, 1890). In his calculations, Arrhenius assumed that the water vapor content of air changed so as to maintain constant relative humidity. That is, he included a positive water vapor feedback that increases the sensitivity of equilibrium surface temperature to CO₂ forcing, with the core result that Earth’s global mean temperature (GMT) would need to warm by about 3 K for every 50% increase of CO₂ ($\Delta \log_{1.5} \text{CO}_2$) to maintain radiative energy balance with space—equating to about 5.1 K per CO₂ doubling ($\Delta \log_2 \text{CO}_2$):

$$\Delta \text{GMT}_{\text{Arrhenius}} = 3\text{K} \cdot \Delta \log_{1.5} \text{CO}_2 = 5.1\text{K} \cdot \Delta \log_2 \text{CO}_2$$

This fundamental logarithmic relationship between quasi-global temperature change (ΔGMT) and CO₂ doublings ($\Delta \log_2 \text{CO}_2$) was questioned by Milankovitch⁸ but ultimately reconfirmed in the discovery of anthropogenic warming (Callendar, 1938, Callendar, 1949). Subsequently, the concept of Equilibrium Climate Sensitivity (ECS; the global mean temperature increase per doubling of atmospheric CO₂, i.e., $\Delta \text{GMT} / \Delta \log_2 \text{CO}_2$) became a core principle of climate science (Charney et al., 1979). ECS relates the radiative forcing from CO₂ change (F_{CO_2}) to the change of Earth’s radiation to space in response to ΔGMT (R_{GMT}). In this framework of radiative surface temperature regulation, forced warming (positive F , positive ΔGMT) leads to more outgoing radiation (negative R), thereby establishing a negative radiative “climate feedback” that restores radiative balance ($\delta Q / \delta t = 0$, where Q can be thought of as the energy in the Earth System) with a certain amount of equilibrium warming ($\Delta \text{GMT}_{\text{eq}}$) per CO₂ forcing (F_{CO_2}):

$$\frac{\delta Q}{\delta t} = F_{\text{CO}_2} + R_{\text{GMT}} = 3.7 \frac{\text{W}}{\text{m}^2} \cdot \Delta \log_2 \text{CO}_2 + \Sigma \lambda_{\text{ECS}} \cdot \Delta \text{GMT}_{\text{eq}} = 0$$

⁸Milankovitch (1920), p. 448: “Because the carbonic acid [CO₂] content of the atmosphere [...] is less than 0.03% [<300 ppm], I will treat dry air as homogenous gas and only include the special role of water vapor.”; Milankovitch (1941) p.451: “L. de Marchi and Arrhenius have based their ice age theories on the influence of water vapor and carbonic acid [CO₂] on the absorption of outgoing [thermal] radiation. I have discussed both their theories [in Milankovitch, 1920], and clarified the reasons for their inadequacy.”

$$ECS = \frac{\Delta GMT_{eq}}{\Delta \log_2 CO_2} = \frac{-3.7 \frac{W}{m^2}}{\Sigma \lambda_{ECS}}$$

One doubling of CO_2 ($\Delta \log_2 CO_2$) causes $+3.7 \text{ W/m}^2$ radiative forcing (F_{CO_2}), while 1 K of warming is thought to increase outgoing radiation by about 1.3 W/m^2 (negative R_{GMT} , $\Sigma \lambda_{ECS}$ of about $-1.3 \text{ W/m}^2/\text{K}$), leading to an estimate for ECS between 2.3 and 4.5 K equilibrium warming per CO_2 -doubling (Sherwood et al., 2020). In this physical interpretation, ECS results from the sum of multiple individual feedbacks (Fig. 5A), dominated by the negative Planck radiative feedback (higher temperature resulting in more infrared radiation to space) that is critical to establish radiative balance ($-3.2 \text{ W/m}^2/\text{K}$). Most other climate feedbacks contributing to ECS are positive, increasing Earth's equilibrium temperature response to radiative forcing: With rising GMT, the combined effect of the positive water vapor feedback and a net-negative lapse-rate feedback is to block more outgoing radiation ($+1.2 \text{ W/m}^2/\text{K}$), while the effects of clouds and land-surface albedo cause further positive radiative feedbacks (of $+0.45 \text{ W/m}^2/\text{K}$ and $+0.3 \text{ W/m}^2/\text{K}$, respectively). All of these feedbacks are fast-acting and thus relevant to ongoing global warming: Currently, the heating rate $\delta Q/\delta t$ and $F + R$ are roughly $+1 \text{ W/m}^2$.

On the long timescale of ice ages, additional feedbacks arise. Evidence suggests that the positive ice-albedo feedback (-3 W/m^2 at -5 K during the Last Glacial Maximum; Köhler et al., 2010), and the positive dust-albedo feedback further increased the sensitivity of GMT to CO_2 radiative forcing, the long-term Earth System Sensitivity (ESS, Fig. 5A; Rohling et al., 2018):

$$ESS = \frac{-3.7 \frac{W}{m^2}}{\Sigma \lambda_{ECS} + \lambda_{ice-sheets} + \lambda_{dust} + \dots}$$

Arrhenius (1896) thus hypothesized that evidence for past climate change can be explained by changes in atmospheric CO_2 and subsequent climate feedbacks.

Arrhenius could only speculate as to if and why CO_2 might have changed in the past. It was only in the late 20th century that glaciologists began to recover Antarctic ice cores dating back to the Last Glacial Maximum (LGM) for the purpose of reconstructing past atmospheric CO_2 concentrations from the trapped air bubbles. From that work, we learned that CO_2 concentrations were

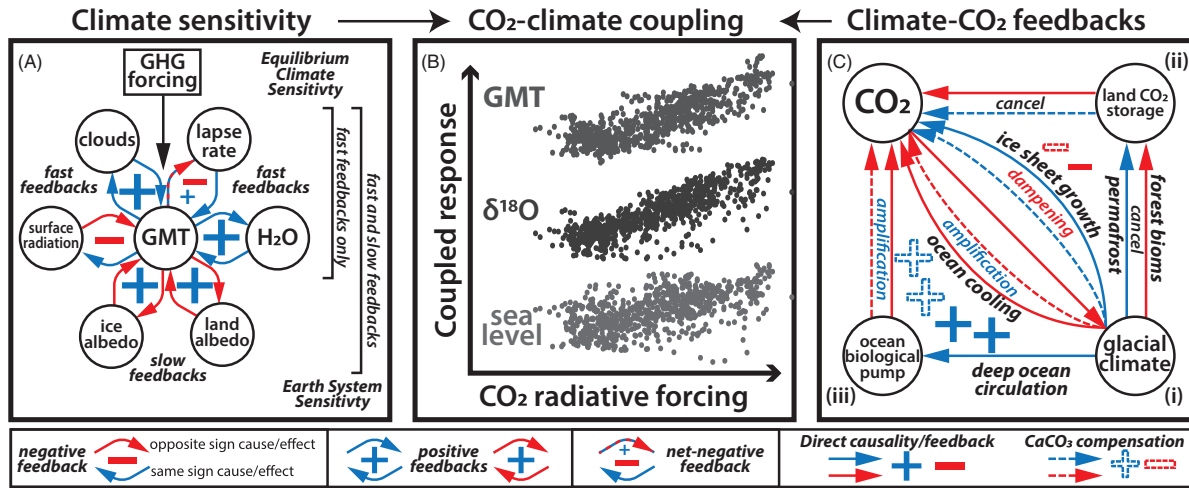


Fig. 5 Illustration of (A) the key feedbacks determining the Global Mean Temperature (GMT) change and Earth's net radiative response to radiative forcing, (B) the reconstructed correlation between CO_2 radiative forcing climate variables over the last 800 kyr, and (C) the carbon cycle feedback dynamics that naturally regulate climate and CO_2 . In the context of the ongoing anthropogenic greenhouse gas (GHG) forcing that is driving global warming, the negative (−) Planck-feedback to warming is an increase in upward surface radiation that functions to stabilize surface temperature. However, the net radiative response also includes fast-acting net positive (+) feedbacks from the atmosphere's water vapor, lapse rate and clouds, all of which contribute to Equilibrium Climate Sensitivity (ECS): the GMT increase needed to balance a given radiative forcing (see Sherwood et al., 2020). On longer timescales and in the context of the ice ages, slow-acting positive (+) albedo feedbacks of the land surface, the ice sheets and atmospheric dustiness further amplify the GMT change needed to re-establish radiative balance per given increment of GHG forcing (in the case of an ice age, a GMT decrease in response to a negative GHG forcing). The combined effects of albedo and CO_2 forcing appear necessary and sufficient to explain observed global cooling during the Last Glacial Maximum (Zhu and Poulsen, 2021; Yun et al., 2023; Tierney et al., 2020; Hain and Sigman, 2024). However, the CO_2 effects of physical ice age changes (ice sheet growth, sea-level lowering and ocean cooling, labeled (i) in panel C) largely cancel one another on the timescale of ocean overturning (solid arrows from climate to CO_2 in panel C) and on the timescale of ocean carbonate compensation (dashed arrows from climate to CO_2 in panel C). Moreover, ice age increases in permafrost and land biome carbon storage apparently canceled as well, and the residual effect on atmospheric CO_2 from net loss in land carbon would have been canceled by ocean uptake and carbonate compensation (right and top in panel C labeled (ii); Hain and Sigman, 2024)—as will be the fate of CO_2 emitted by human activities (Archer et al., 2009). In contrast, enhanced biological carbon storage in the deep ocean (labeled (iii) in panel C) directly lowers CO_2 , and this effect is amplified by carbonate compensation (Hain et al., 2010). Thus, it appears that coupled changes in the ocean's circulation and biological pump are the primary cause of ice age reduction in atmospheric CO_2 . In turn, CO_2 radiative forcing explains a large portion of the reconstructed ice age global cooling (panel B). The legend distinguishes negative and positive feedbacks (+, −) and highlights intermediate cases where the feedback dynamic has positive and negative aspects, i.e., the lapse rate feedback is net-negative globally but positive in polar regions, or the net-positive climate CO_2 feedbacks of panel C.

roughly a third lower during the LGM (Delmas et al., 1980; Neftel et al., 1982; Raynaud et al., 1982; Stauffer et al., 1984; Raynaud and Barnola, 1985). Continued ice-coring in Antarctica and the development of analytical methods for ice core analysis has ultimately yielded a continuous CO₂ record for the last 800 thousand years (Barnola et al., 1987; Petit et al., 1999; Siegenthaler et al., 2005; Lüthi et al., 2008; Bereiter et al., 2015), demonstrating a very strong correlation between atmospheric CO₂ radiative forcing and the records of glacial/interglacial climate change (Fig. 5B). Remarkably, the climate-CO₂ relationship is stable across major ice age cycles (Siegenthaler et al., 2005), CO₂ radiative forcing is a much better predictor of reconstructed global mean temperature than boreal summer insolation (Fig. 5B), and climate models require CO₂ radiative forcing to reproduce reconstructed ice age global cooling (Zhu and Poulsen, 2021; Yun et al., 2023).

The ice age CO₂ problem refers to the longstanding challenge to attribute the observed CO₂ changes to physical, chemical, biological and geological driving factors. Mean ocean cooling raises seawater CO₂ solubility and hence lowers atmospheric CO₂, whereas ice sheet growth withdraws water from the ocean (lower sea level; Fig. 5B) and thereby reduces seawater CO₂ solubility and raises CO₂. These direct climate-CO₂ feedbacks, labeled (i) in Fig. 5C, operate on the ocean overturning timescale and are thus fast relative to orbital forcing. Ocean cooling and ice sheet growth also have effects on the solubility of CaCO₃ on the deep ocean seafloor, thereby driving a “carbonate compensation” feedback via the ocean’s alkalinity budget (dashed arrows in Fig. 5C; Broecker and Peng, 1987; Hain and Sigman, 2024) that is slow relative to climate feedbacks but still faster than orbital forcing. In part because their effects oppose and largely cancel one another, the coupled changes in ocean temperature and ice sheets have minimal net effect on the solubilities of CO₂ and CaCO₃, and they thus fail to explain the observed CO₂ changes (Broecker, 1982a, 1982b; Genthon et al., 1987; Hain and Sigman, 2024). Biological carbon storage in terrestrial ecosystems is also directly influenced by climate, labeled (ii) in Fig. 5C, with ice age evidence that forest biomes contracted (Shackleton, 1977; Prentice et al., 1993; Lindgren et al., 2018) while permafrost carbon storage expanded (Crichton et al., 2016; Köhler et al., 2010; Winterfeld et al., 2018); apparently, the net effect was a loss of land carbon storage during the LGM (Peterson et al., 2014; Jeltsch-Thömmes et al., 2019). Such a reduction in land carbon storage would directly raise atmospheric CO₂, but it also lowers the pH and CaCO₃ saturation of the ocean, which causes the ocean’s carbonate compensation feedback to raise ocean alkalinity, lower atmospheric CO₂, and thereby offset the direct CO₂ effect. That is, land carbon storage apparently acted as a short-term negative climate-CO₂ feedback, but the associated carbonate compensation (as well as the ocean’s capacity for dissolved inorganic carbon (DIC) storage even without alkalinity change) caused land carbon storage changes to have only a weak net effect on CO₂ on orbital forcing timescales (labeled (ii) in Fig. 5C). Similarly, the proposal that dissolved organic matter (DOM) accumulated in the ocean during ice ages so as to lower atmospheric CO₂ (Jiao et al., 2010) is largely nullified by the ocean’s carbon buffer capacity and the CaCO₃ compensation feedback (not shown in Fig. 5C).

Most biologically-driven reduction in atmospheric CO₂ is achieved by the “biological pump” (Hain et al., 2014), where organic carbon produced by surface ocean plankton sinks to depth before being respired and dissolved back into seawater (“remineralized”) in the form of DIC. The biological pump also sequesters in the ocean interior nutrients that are eventually returned to the surface by the ocean’s overturning circulation, feeding back into the biogeochemical cycle of plankton growth, sinking, remineralization, and upwelling. Paleooceanographic reconstructions suggest that the deep ocean was depleted in oxygen during the ice ages (François et al., 1997; Anderson et al., 2019; Chang et al., 2023; Hoogakker et al., 2018; Jacobel et al., 2020), supporting the hypothesis that ice age CO₂ was lower because carbon storage by the biological pump was significantly greater (Broecker, 1982a, 1982b; Vollmer et al., 2022). Moreover, to the degree that respired carbon storage was concentrated in the deep ocean, it would have increased CaCO₃ dissolution off the seafloor to raise ocean alkalinity and further lower CO₂ through a positive carbonate compensation feedback (Boyle, 1988; Sigman et al., 1998; Toggweiler, 1999; Hain et al., 2010; Hain and Sigman, 2024). That is, climate-forced changes in ocean circulation likely induced changes in the biological pump that directly and indirectly lowered CO₂, yielding a strongly positive net climate-CO₂ feedback that persisted on orbital timescales (labeled (iii) in Fig. 5C). For that reason, ice age changes in the biological pump are likely the dominant cause for the reconstructed ice age cycles in atmospheric CO₂ (Hain and Sigman, 2024).

The Southern Ocean plays a central role in the physical circulation and dissolved chemistry of the deep ocean and has emerged as the key region mediating the efficiency of carbon storage by the biological pump (Sarmiento and Toggweiler, 1984; Toggweiler and Sarmiento, 1985; Siegenthaler and Wenk, 1984; Knox and McElroy, 1984; Sigman and Boyle, 2000; Sigman et al., 2010; Watson et al., 2006). Surface nutrient consumption in the modern Southern Ocean is low (inefficient), and reconstructions suggest that it was higher during ice ages (Sigman et al., 2021; references therein). A distinction must be drawn between the Polar Frontal and Subantarctic Zones (PFZ and SAZ), where surface waters feed into the upper ocean AMOC overturning, and the more polar Antarctic Zone (AZ), where bottom water production feeds into the lower cell of ocean overturning (Fig. 4). In the SAZ, there is clear evidence for dust-borne iron fertilization of phytoplankton growth, carbon export and surface nutrient drawdown during the LGM (Kumar et al., 1995; Martínez-García et al., 2014). In contrast, phytoplankton carbon export in the PFZ and AZ was lower during ice ages (e.g., Jaccard et al., 2013), even as proxy evidence suggests more complete surface nutrient consumption (e.g., François et al., 1997; Ai et al., 2020). Changes in sea ice formation (Ferrari et al., 2014) and westerly wind stress (Toggweiler and Samuels, 1995) are key factors governing Southern Ocean circulation and deep overturning, and sea ice cover can impede CO₂ exchange between the AZ and the atmosphere (Stephens and Keeling, 2000). Debate continues as to the relative importance of ocean circulation and biological productivity versus sea ice-driven air-sea CO₂ exchange limitation in keeping biological pump CO₂ sequestered in the ocean during ice ages (e.g., Sigman et al., 2021; Marzocchi and Jansen, 2019; Khatiwala et al., 2019). From a geochemical perspective, the question can be framed simply as whether the barrier that prevented CO₂ leakage from the Southern Ocean existed at the interface between the surface ocean and the underlying deep ocean, or at the air-sea interface (Archer et al., 2003). This

uncertainty aside, there is growing (although not universal) agreement that the Southern Ocean was central to sequestration of CO₂ in the deep ocean during ice ages (Vollmer et al., 2022; Sigman and Hain, 2024).

The coupled climate-carbon cycle dynamics underlying the ice age cycles have been investigated through the relative timing of events associated with the termination of the Last Glacial Maximum. Boreal summer insolation was at a minimum 21 thousand years ago (ka). Atmospheric CO₂ remained low (Monnin et al., 2001; Marcott et al., 2014) and ice sheets held steady (Deschamps et al., 2012) as orbital forcing became more favorable to deglaciation, according to Milankovitch. Along with Southern Hemisphere warming after 19 ka (Shakun et al., 2012), there is evidence for a reduction in Southern Ocean iron fertilization at the time (Martínez-García et al., 2014), and both of these early deglacial changes implicate the Southern Ocean for the onset of CO₂ rise. Abrupt cooling occurred in the high-latitude Northern Hemisphere (and especially Europe) at ~17.5 ka (e.g., Hodell et al., 2017), most likely caused by reduced AMOC heat transport (e.g., McManus et al., 2004). This cooling was accompanied by Southern Hemisphere warming (Shakun et al., 2012), reduced dust fluxes to the Southern Ocean (Martínez-García et al., 2014), strengthening and southward displacement of the southern westerly winds (Gray et al., 2018; Hall et al., 2026), enhanced wind-driven upwelling in the Southern Ocean (Anderson et al., 2009; Sigman and Boyle, 2000; Toggweiler et al., 2006), and higher concentrations of unused nutrients in the AZ surface (Studer et al., 2015; Wang et al., 2017; Ai et al., 2020), thereby causing ocean CO₂ release to the atmosphere (Rae et al., 2018). By 14.6 ka, orbital forcing was approaching the peak conditions of Milankovitch's preferred deglacial configuration (a substantial maximum in boreal summer insolation), CO₂ had risen by 21% (+1 W/m² CO₂ radiative forcing; Etminan et al., 2016), and renewed AMOC heat transport led to abrupt Northern Hemisphere warming (again, especially in Europe; Naughton et al., 2023). It is only at this point that the combined forcing of AMOC, CO₂, and orbit destabilized the Northern Hemisphere ice sheets adequately to terminate the last ice age. This combination of AMOC, CO₂, and orbital forcing seems to have operated in a very similar way during the termination of previous ice ages (Cheng et al., 2009), suggesting a fundamental role for North Atlantic freshwater discharge in deglaciations, perhaps through Southern Ocean changes and their effects on atmospheric CO₂ (Sigman et al., 2007; Denton et al., 2010).

Chaos and memory in Earth's climate

Edward Lorenz advanced climate science by demonstrating that *weather* behaves chaotically (Lorenz, 1963). He further suggested that the *climate* of Earth is best described as the statistics of simulated weather (Lorenz, 1964), and, in a clear challenge to Milankovitch theory, he proposed that the climate system need not be deterministic (Lorenz, 1968; for modern appraisal, see Crucifix, 2013). For clarity, in this new statistical climatology, the flap of a butterfly may lead to a tornado or possibly an ice age, where the butterfly is neither sufficient nor necessary for either tornados or ice ages.

Stochastic climate models can be rationalized in terms of a climate system variable (V) that integrates random “weather noise” (W), where the value of the variable at a given time t (V_t) depends both on its previous value (V_{t-1}) and the added random fluctuation (Hasselmann, 1976):

$$V_t = V_{t-1} + W_t = \sum_{t=0}^{-\infty} W_t$$

In this simplest case, V will go up and down over time even if W has a mean of zero, and, less intuitively, the variability of V increases over time following the Fokker-Planck equation of Brownian motion (Wiener, 1923; which assumes stationarity, Storch and Zwiers, 1999). Taking the example of a random walk, after a few steps in random directions, we can expect to still be in the vicinity of the starting point; however, the more steps we take, the further away we may find ourselves, as a matter of probability. That is, normally distributed random numbers have a flat “white noise” power spectrum (Fig. 6A), but simply taking the cumulative sum of the same white noise will yield a record with a “red noise” power spectrum that increases indefinitely for longer periods of variability (Hasselmann, 1976; Fig. 6A right). The key difference between white and red noise is that subsequent random numbers (W) are independent from each other whereas each random fluctuation (W_t) counts indefinitely toward the evolving cumulative sum—the summation from vantage time $t = 0$ to infinite negative time, that is, the past. In contrast, including a negative feedback acting to restore V to its mean state over a timescale (τ) limits the growth of red noise variability (Hasselmann, 1976):

$$V_t = e^{(-1/\tau)} \cdot V_{t-1} + W_t \approx \sum_{t=0}^{-2\tau} e^{(t/\tau)} \cdot W_t$$

The physical interpretation is that the e-folding term relaxes V back to its climatologic mean state while being continuously perturbed by W , and algebraically this also means that V is progressively losing its *memory* of past perturbations beyond about twice its intrinsic e-folding memory timescale (τ , tau). When considering variability with periods shorter than tau, the presence of memory allows random fluctuations to accumulate long-period “red noise” spectral power (khaki shading in Fig. 6), but that increase in spectral power slows for periods greater than tau (light khaki in Fig. 6), and it levels off to yield a flat “white noise” power spectrum for periods about 10 times longer than tau. Hasselmann recognized that the atmosphere has very short-term memory and hence produces short-term “weather noise” (W), whereas the enormous sensible (and latent) heat capacity of the ocean and ice sheets yields long memory in the climate system and thereby increases the absolute level of spectral power of long-period variability. That is, the memory of the ocean and ice sheets integrates weather (short term) variability into longer-term modes of climate

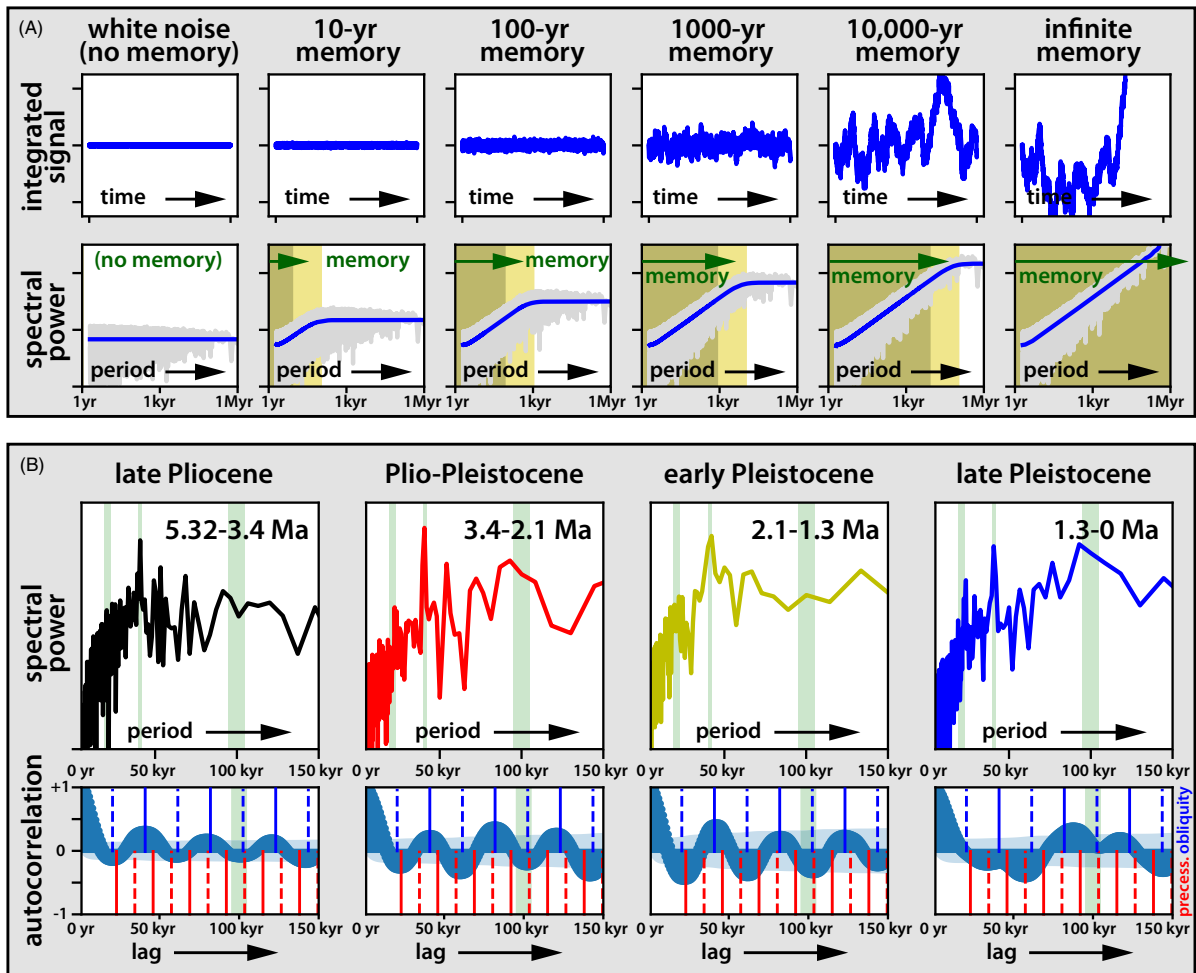


Fig. 6 “Climate memory” as a possible contributor to the glacial cycles. (panel A) Slow-acting (negative) stabilizing feedbacks allow short-term random weather fluctuations to accumulate climate variability with longer time-scales. For example, integrating random “white noise” weather with restoring feedback that has an e-folding “memory timescale” yields a power density spectrum of climate variability that rises for periods up to the memory and then plateaus for longer periods. Although the resulting “red noise” is stochastically forced, it represents real changes in climate and hence can trigger additional Earth System feedbacks as well as push across climate thresholds. Inspection of different time slices (B) of the deep-ocean oxygen isotope record (see Fig. 2; Lisiecki and Raymo, 2005) reveals continuum power spectra of climate variability that resemble red noise with a memory of about ~ 10 thousand years, but including the characteristic spectral peaks corresponding to precession and obliquity (Fig. 1C). Inspection of the autocorrelation for the three intervals of time before the Mid-Pleistocene Transition (left three panels in B) reveals positive correlation persisting for millennial-timescale lags (memory) and regular obliquity oscillation (i.e., with ~ 41 -kyr cyclicality), the dominant orbital forcing. After the Mid-Pleistocene Transition (right panels in B), millennial-scale memory of the climate system persists, spectral density for ~ 100 -kyr periods eclipses spectral density in the obliquity band, and the long-term autocorrelation becomes irregular. The memory of deep ocean circulation is limited by the multi-centennial timescale of ocean overturning, whereas ice sheets and possibly also atmospheric CO_2 contribute memory on multi-millennial timescales.

variability with progressively greater spectral power (Frankignoul and Hasselmann, 1977; Ghil et al., 2002). For example, integrating annual white noise with a 10-kyr memory timescale (Fig. 6A) produces a continuous “red noise” power spectrum similar to the late Pleistocene climate record, although that red noise lacks the distinct peaks at ~ 21 kyr, ~ 41 kyr and ~ 100 kyr identified in the paleoclimate record (Hays et al., 1976; Imbrie et al., 1984; Fig. 6 gray spectrum). While we present an overly simple example with just one memory term (i.e., one negative feedback), current-generation climate models reveal that physical dynamics in specific regions contribute distinct time-patterns of natural variability (Monselesan et al., 2015; Ghil and Lucarini, 2020), with inter-annual to inter-decadal autocorrelation and modes of variability resulting from the memory of the upper ocean concentrated in the tropics and mid-latitudes, whereas centennial to multi-centennial variability resulting from the memory of the deep ocean is concentrated in the polar ocean surface. The ice sheets and the global carbon cycle contribute memory on millennial and longer timescales. Indeed, if the current Greenland ice sheet wouldn’t grow under current climate (i.e., due to ice sheet hysteresis, Fig. 3B), it can be understood as the physical embodiment of climate memory from the last ice age. As such, orbital forcing of the climate mean state would lead to a response that is delayed by the memory of the climate system (Imbrie and Imbrie, 1980; Imbrie et al., 1984), and both orbital and stochastic forcing accumulate power when integrated over the long memories of the ocean, carbon cycle and ice sheets.

The outstanding challenge with ice age climate change is to accurately attribute the reconstructed spectrum of climate variability to modes of either stochastic internal variability, orbital forcing, geologic forcing, or some combination, and to identify additional mechanisms for the observed changes in spectrum, especially at the intensification of Northern Hemisphere Glaciation ~2.7 million years ago and the Mid-Pleistocene Transition about 1 million years ago (iNHG, MPT in Fig. 2). A linear climate response to obliquity forcing plausibly explains the ~40-kyr cyclicity of early Pleistocene glacial/interglacial cycles (Imbrie et al., 1992), and there are now multiple lines of evidence and models suggesting that the Late Pleistocene ~100-kyr ice age cycles were also a deterministic response to orbital forcing (Raymo, 1997; Raymo et al., 2006; Tzedakis et al., 2017; Willeit et al., 2019; Barker et al., 2025; Hobart et al., 2023; Ganopolski, 2024). Indeed, detailed studies of deep sea records and cave deposits suggest that the timing of glacial terminations is statistically related to obliquity (Huybers and Wunsch, 2005) and to the 100-kyr eccentricity modulation of precession of the equinox insolation forcing (Imbrie et al., 1993; Raymo, 1997; Ridgwell et al., 1999; Raymo et al., 2006; Huybers, 2006, 2011; Lisiecki, 2010; Parrenin and Paillard, 2012; Abe-Ouchi et al., 2013; Barker et al., 2022; Hobart et al., 2023; Ganopolski, 2024). It is not clear if orbital forcing causes millennial timescale variability (Huybers and Curry, 2006) or if the latter primarily results from stochastic variability in the Atlantic Meridional Overturning Circulation (Barker et al., 2011; Riechers et al., 2022; Stocker and Johnsen, 2003). That is, orbitally forced ice sheet meltwater may have forced millennial-timescale variability in ocean circulation (Denton et al., 2010), or inherent stochastic variability in ocean circulation may have been the primary driver of ice sheet melting (e.g., Deschamps et al., 2012; Piccione et al., 2022). Therefore, it is also unclear if atmospheric CO₂ changes acted as a deterministic feedback amplifying the dynamic response of northern ice sheets to northern summer insolation in line with Milankovitch's hypothesis (e.g., Imbrie and Imbrie, 1986; Raymo et al., 2006), if reconstructed CO₂ radiative forcing of global climate responded primarily to ocean changes (Hain and Sigman, 2024) that emerged largely from orbital forcing but with some role for stochasticity, or if stochasticity was more important than has so far been imagined.

Perspective

In the quest to explain the ice age cycles, orbital controls on sunlight have been central from the beginning (Esmark, 1824; Adhémar, 1842). However, the early theorists also considered or included many other aspects of the climate system, including the circulations of atmosphere and ocean (Croll, 1875) and the role of greenhouse gases, CO₂ in particular (Arrhenius, 1896; Chamberlin, 1897). In this regard, an exclusive focus on the work of Milutin Milankovitch (1920, 1930, 1941) as the origin of ice age theory runs the risk of driving an artificial supremacy of orbital changes and the ice–albedo feedback in explanations for the ice ages. The paleoclimate community has also tended to take a deterministic view of ice ages, whereas one of the great lessons of weather and climate research has been the role of chaos (Lorenz, 1968). Empirical evidence suggests that changes in orbital parameters, ocean circulation, and atmospheric CO₂, as well as climate memory, are all necessary to explain the spectrum of ice age climate changes (Fig. 7, right)—and

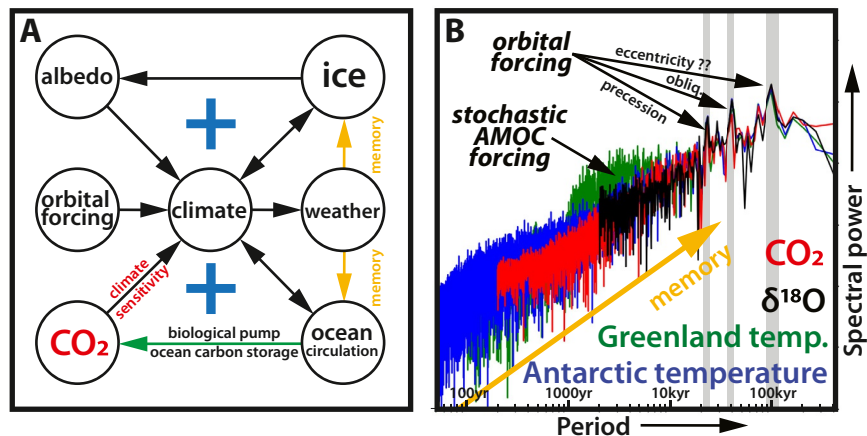


Fig. 7 The coupled Earth System dynamics of the late Pleistocene. (A) Changes in albedo, atmospheric CO₂ and orbital forcing cause climate change that can be understood as a change in the statistics of weather, yielding (B) the characteristic spectrum of climate variability. Ocean circulation, the ice sheets, and CO₂ respond to changes in mean climate but also integrate short-term variability. The centennial-scale memory of ocean circulation contributes to millennial-scale variability of Atlantic Meridional Overturning Circulation, while the millennial-timescale memory of the ice sheets contributes to climate variability on orbital timescales. Orbitally-forced changes in ice sheets and global albedo have been found insufficient to explain the magnitude of ice age climate cycles or of their attendant atmospheric CO₂ variations. Changes in biologically-driven deep ocean CO₂ storage (i.e., the biological pump) are thought to explain most of the recorded CO₂ change, thereby significantly contributing to ice age climate change. As such, orbital forcing, the ice–albedo feedback, the ocean–CO₂ feedback and climate system memory are all required elements in explaining the reconstructed spectra of ice age climate change. It remains unclear if stochastic variability on millennial timescales simply detracts from orbital control (determinism) of ice ages cycles, or if the ocean circulation and resulting carbon cycle changes are critical dynamics in the synchronization of ice ages to orbital forcing by obliquity and eccentricity modulation of precession (e.g., by changing the frequency of freshwater discharges to the North Atlantic).

no one of these is individually sufficient. Earth System Science was specifically formulated to seek “a scientific understanding of the Earth and its various components, and of the laws that govern its structure and evolution” (National Research Council, 1988). This systems paradigm of climate can accommodate diverse types of forcing, including Milankovitch cycles in orbital insolation forcing, with the variability and complexity of climate emerging from feedbacks among the diverse components of the Earth System (Fig. 7, left).

Following the best-preserved geologic evidence, much of the effort by the research community has focused on understanding these interactions through the study of the major deglaciations, especially the last deglaciation roughly 18 to 10 thousand years ago. Investigations have led to a prominent explanation for the last deglaciation that exemplifies the multi-dynamic nature of climate change. In this hypothesis, orbital change interacts with millennial-timescale variability to trigger a shutdown in the Atlantic Meridional Overturning Circulation (AMOC). It has been proposed that this shutdown produced boreal cooling and Southern Hemisphere warming, which led to Southern Ocean CO₂ release to the atmosphere, global warming due to the strengthening greenhouse effect, and attendant global deglaciation. This hypothesis has challengers, and it faces apparent discrepancies with some key observations. In particular, ocean circulation models can reproduce the reconstructed AMOC changes of the last deglaciation only when artificially forced with ice sheet meltwater fluxes that are broadly the opposite of the reconstructed ice sheet melt-back history (Snoll et al., 2024). Despite its flaws, the hypothesis illustrates how various combinations of externally determined orbital variation and emergent internal climate system behavior may cause the Earth System to produce ice age cycles with the periodicities of orbital change that are, nevertheless, not completely predictable.

In comparison to the deglaciations, less attention has been given to the processes developing each of the ice ages in the first place. As described above, there is a degree of consensus that the circulation, biological productivity, and air-sea CO₂ fluxes of the Southern Ocean responded to orbitally paced and/or chaotic internal forcings (e.g., from ice sheets or the ocean) on Southern Hemisphere climate. However, there is fundamental disagreement between climate model simulations and paleoceanographic reconstructions as to the ice age state of the Southern Ocean and by which mechanisms this state induced a lower CO₂ concentration in the atmosphere (Sigman et al., 2021). Reconstructions of a broader range of environmental conditions from before the Mid-Pleistocene Transition, with its different periodicities of ice age cycles, may be needed to identify the Earth System feedbacks that drive ice age development (Hain and Chalk, 2025). In any case, the strong and stable coupling of temperature to atmospheric CO₂, rather than to orbit, over the late Pleistocene (Siegenthaler et al., 2005) indicates that better understanding of the ice age cycles also advances our understanding of Earth System feedbacks and thereby promotes our capacity to anticipate future changes, both natural and human-caused.

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