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Persistently well-ventilated intermediate-depth ocean through the last deglaciation

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During the last deglaciation (-18-11 thousand years ago), existing radiocarbon (¹⁴C) reconstructions of intermediate waters in the mid- to low-latitude oceans show widely diverging trends, with some broadly tracking the atmosphere and others suggesting extreme depletions. These discrepancies cloud our understanding of the deglacial carbon cycle because of the diversity of hypotheses needed to explain these diverging records, for example, injections of ¹⁴C-dead geological carbon, mixing of extremely isolated waters from the abyssal ocean or changes in sites of deep-water ventilation. Here we present absolutely dated deglacial deep-sea coral ¹⁴C records of intermediate waters from the Galápagos Platform—close to the largest reported deglacial ¹⁴C depletions—together with data from the low-latitude Atlantic. Our records indicate coherent, well-equilibrated intermediate-water ¹⁴C ventilation in both oceans relative to the atmosphere throughout the deglaciation. The observed overall trend towards ¹⁴C-enriched signatures in our records is largely due to enhanced air-sea carbon isotope exchange efficiency under increasing atmospheric p_{CO_2} . These results suggest that the ¹⁴C-depleted signatures from foraminifera are likely sedimentary rather than water mass features, and provide tight ¹⁴C constraints for modelling changes in circulation and carbon cycle during the last deglaciation.

atural radiocarbon (14C) is produced in the upper atmosphere, enters the surface ocean via air-sea gas exchange and is transported to depth by the ocean's meridional overturning circulation. Since ¹⁴C decays away with a 5,730-year half-life, the ocean's 14C concentration deficit relative to the atmosphere can be used as a chronometer of ocean circulation and a metric of air-sea gas exchange efficiency. Today, the most ¹⁴C-depleted signature is found in the deep Northeast Pacific with Δ^{14} C (for modern seawater, $\Delta^{14}C = (Fm \times exp(-t/8,267) - 1) \times 1,000$, where Fm is the fraction modern of the sample and t is years elapsed from AD 1950 until the year of the sample measurement) difference from the pre-bomb atmosphere of ~240% (ref. 1). The 14C records suggest that, during the Last Glacial Maximum (LGM, ~22-19 thousand years ago (ka)), large parts of the Pacific and Atlantic were much more ¹⁴C depleted than today, indicative of reduced exchange of carbon between the deep ocean and the atmosphere². This carbon isolation in the deep ocean is thought to account for much of the drawdown of atmospheric CO₂ at the LGM compared with the preindustrial³ and results from coupled changes in circulation and biological sequestration of carbon in the deep ocean⁴. The widely held view is that deglacial reinvigoration of ocean overturning brought ¹⁴C from the surface to the abyss and at the same time released the ¹⁴C-depleted 'old' carbon from the deep ocean to the upper ocean and atmosphere.

However, the impact of deglacial overturning circulation on upper-ocean ¹⁴C ventilation is highly controversial. The presence of anomalously old ¹⁴C excursions at intermediate depths during deglaciation has been used as evidence for reconnection of an extremely isolated deep carbon reservoir with the upper ocean (that is, above the main thermocline) and the atmosphere via Southern Ocean upwelling and Antarctic intermediate waters (AAIW) advection⁵. Other suggested pathways of abyssal carbon release have included ventilation in the North Pacific^{6–8} or from the Arctic into the North Atlantic⁹. Alternatively, it has also been proposed that ¹⁴C-free carbon from sources such as submarine volcanism or methane clathrates were injected into intermediate depths of the ocean, for example, in the eastern equatorial Pacific (EEP), and may have contributed to the atmospheric CO₂ rise during the last deglaciation^{10,11}. Robust reconstructions of ¹⁴C at intermediate depths are thus crucial in constraining the nature of deep-ocean carbon release to the atmosphere and potential links to changes in ocean circulation and climate.

Deglacial intermediate-water ¹⁴C reconstructions

Currently, the available deglacial ¹⁴C records from the intermediate-depth ocean show a much larger range of variability than deep-ocean or atmospheric records. While some records from benthic foraminifera show anomalies of more than 8,000 years from the atmosphere¹⁰, others do not contain any discernible episodes of large ¹⁴C depletion¹²⁻¹⁴. Reliable interpretation of ¹⁴C ventilation history for sediment-based records (mainly benthic foraminifera) is critically dependent on age-model assumptions. As an example, the same set of benthic ¹⁴C data could indicate either a constant modern-like ¹⁴C ventilation of deglacial AAIW¹² or a significant decrease in benthic Δ^{14} C by more than 150‰ during Heinrich Stadial 1 (HS1) depending on the choice of age model¹⁵. Notably,

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Fig. 1 | Map of sample locations and estimated distribution of pre-bomb ¹⁴**C concentration. a**, Map showing the selected Pacific-Atlantic transection. b, Estimated pre-bomb ¹⁴C activity of the modern time at water depth of ~700 m (ref. ¹). **c**, Estimated pre-bomb ¹⁴C activity of the Pacific-Atlantic transection¹. Symbols are sites of this study and existing ¹⁴C reconstructions in the mid-low latitudes. Solid arrows indicate circulation of the major global water masses³³. PDW, Pacific Deep Water; SAMW, Subantarctic Mode Water; UCDW, Upper Circumpolar Deep Water; AABW, Antarctic Bottom Water.

the reported ¹⁴C data discrepancies are particularly pronounced in the intermediate waters of the EEP (Figs. 1 and 2 and Extended Data Fig. 1), yielding different numbers of occurrences, magnitudes and durations of ¹⁴C-depletion episodes over the last deglaciation. While more-recent detrital wood-based chronologies avoid the difficulties of variable surface reservoir ages or uncertainties in age correlation to ice-core/speleothem records, wood-based studies from the EEP also show different magnitudes of ¹⁴C depletions^{14,16}. These results make it challenging to obtain a consistent picture of upper-ocean ventilation and carbon-cycle changes.

As an archive of past seawater chemistry, deep-sea corals can alleviate some of the complications from sedimentary processes, such as bioturbation and diagenesis within restricted pore-water environments, because they live above the sediment-water interface. In addition, uranium series ages, which can be determined from their aragonite skeletons, are not influenced by ¹⁴C surface reservoir ages or tie-point correlation uncertainties. We present uranium series dated ¹⁴C records from two sites at ~600 m in the EEP and ~1,100 m in the low-latitude Atlantic. The deep-sea coral-based EEP record largely follows the trajectory of the atmosphere during the deglaciation at the resolution of the data (Fig. 2), and the low-latitude Atlantic sample set follows a similar pattern (Extended Data Fig. 1b). Specifically, the coral-based Δ^{14} C reconstruction of the EEP shows that Δ^{14} C decreased from 170% in the early part of the HS1 to 20% in the early Holocene. The proportional

offset of Δ^{14} C relative to the contemporaneous atmosphere $(\Delta \Delta^{14}C_{corr.}$ equivalent to previously reported $\Delta^{14}C_{0.adi}^{17}$, Extended Data Fig. 1 and Methods) reveals that our data show no major ¹⁴C excursions compared with other published records, some of which show large and variable ¹⁴C offsets. When converted to a ¹⁴C 'age', the sample ¹⁴C age offset from the contemporary atmosphere (B-Atm) of EEP intermediate waters decreased from ~1,300 ¹⁴C years in the early part of HS1 to ~850 14C years in the Holocene (Fig. 3e). Much of this change follows the trend expected due to the deglacial increase in atmospheric p_{CO_2} (Fig. 3a and Methods), which increases the rate of carbon isotope exchange between the atmosphere and the surface ocean¹⁸. Data from equatorial Atlantic intermediate waters exhibit a broadly similar trend to the EEP but are consistently better ventilated throughout the last deglaciation by approximately 20–30‰. This difference is small and mostly within the uncertainties of the data (Extended Data Fig. 1b).

Our EEP data are in marked contrast with an existing foraminifera-based sediment record also from the Galápagos platform, at virtually the same depth (617 m) as our coral-based data (Figs. 1 and 2). The foraminifera-based record shows $\Delta\Delta^{14}C_{corr}$ as low as -670% (ref. ¹⁰) (Extended Data Fig. 1d). Given that this excursion is too large to be explained by any recorded deep-water signal, upwelling of carbon from abyssal waters was ruled out, and the release of ¹⁴C-free carbon from clathrates or nearby volcanic provinces was put forward as a possible mechanism¹⁰. Due to the



Fig. 2 | **The** Δ^{14} **C** records of the eastern Pacific over the past 20 kyr (refs. ^{5,10,12-14,34-38}). IntCal13 shows the atmosphere Δ^{14} C evolution with $\pm 2\sigma$ uncertainty³⁹. Symbols are the same as in Fig. 1. The 2σ error ellipses of published data and detailed data comparison can be found in Extended Data Fig. 1. YD, Younger Drayes; B-A, Bølling-Allerød.

proximity and similar water depths, our data provide strong evidence that the hypothesized geological carbon release did not control the ¹⁴C content of intermediate waters near Galápagos. More widely, other foraminifera-based records from the low-latitude eastern Pacific near Baja California show variable degrees of ¹⁴C depletion during the deglaciation, though never reaching values as low as the foraminifera from Galápagos. It hence seems plausible to invoke geologic or aged sedimentary-carbon release into pore waters to explain the foraminiferal 14C anomalies at both Galápagos and Baja California. By contrast, some Baja California benthic ¹⁴C records (Extended Data Fig. 1c) are aligned with our deglacial deep-sea coral ¹⁴C evolution, further arguing against regionally substantial deglacial water mass 14C depletions and in favour of localized offsets in pore waters (Methods). Taking a global view, the absence of any discernible episodes of severe ¹⁴C depletion in our precisely dated intermediate-water records suggests that basin-scale ¹⁴C depletion of upper-ocean water masses is unlikely to have been prevalent. The relatively well-equilibrated intermediate ¹⁴C signatures are in agreement with model predictions¹⁹ and imply short residence time for carbon in the upper ocean due to global air-sea gas exchange similar to the present^{19,20}.

Well-equilibrated intermediate-water ¹⁴C ventilation

Today, the ¹⁴C signature of the equatorial Atlantic at ~1,100 m is similar to the EEP at around ~600 m (Fig. 1). Both sites are fed partly by AAIW; however, a fraction of ¹⁴C-enriched North Atlantic Deep Water (NADW) entrains into the equatorial Atlantic intermediate depths, while ¹⁴C-depleted North Pacific water contributes a higher proportion to EEP intermediate depths. Modelling and proxy records from the subarctic North Pacific indicate that unlike the modern day, North Pacific convection may have reached below ~2 km in the early deglaciation⁶ between 17 and 16 ka, when the Atlantic meridional overturning circulation was close to a collapsed state^{7,21} (Fig. 3b). Our data from the EEP does not exclude the possibility of short-lived deep convection and deep-water formation in the North Pacific⁷ that brings ¹⁴C-enriched waters to the abyssal ocean and subsequently to the intermediate EEP. For example, the intermediate-water ¹⁴C contents of EEP were enriched and were similar to the equatorial Atlantic at ~16.5 ka (Fig. 3e and Extended Data Fig. 2). Nevertheless, the generally better ¹⁴C ventilated signature in the Atlantic records is observed through most of the deglaciation where we have coral-based data.

The coherent signals in the low-latitude coral records from both oceans suggest that our data are representative of the mean ¹⁴C evolution of upper-ocean waters, after their long-distance advection and mixing from their high-latitude sources¹⁹. Theory and modelling^{18,19} suggest that the deglacial p_{CO_2} increase would have resulted in a greater overall air-sea CO₂ exchange and more complete ¹⁴C/C equilibration, with an inverse scaling between surface-water ¹⁴C-reservoir ages and p_{CO_2} . The offsets of our data from this simple scaling (baseline in Fig. 3e, Extended Data Fig. 2) are small, suggesting this equilibration mechanism could explain most of the overall deglacial decline in intermediate-water B-Atm age without invoking circulation change. In addition to changes in air-sea disequilibrium in the surface ocean, these small B-Atm ¹⁴C age excursions can be interpreted as the signature of changes in the overturning of the deep ocean and its influence on the intermediate waters, with the impact of changing atmospheric Δ^{14} C propagated into the interior ocean being an additional complicating factor (Methods). For example, the decrease of atmospheric Δ^{14} C during HS1 (Fig. 2) would have left the deep-water reservoirs relatively more 14C enriched at the time of their formation (all else being equal) and thus should result in lower B-Atm ages. On the contrary, our record shows a higher B-Atm age than expected from the p_{CO_2} corrected baseline for the well-resolved equatorial Atlantic (Fig. 3e and Extended Data Fig. 2) from the early (~18ka) to late (~15–16ka) HS1, thus pointing towards increased connection of the intermediate waters with isolated deep waters, following reduced NADW formation²¹ with increased North Atlantic surface reservoir ages^{22,23}, enhanced upwelling of circumpolar deep waters24 associated with intensified Southern Ocean convection and Southern Hemisphere westerlies²⁵, and/or progressively deeper upwelling and ventilation²⁶. Subsequently, at the HS1 to Bølling–Allerød transition (that is, 15–14.6 ka), atmospheric Δ^{14} C declined more rapidly than the intermediate water records, yielding

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Fig. 3 | **The evolution of B-Atm age of our coral records together with other palaeoclimate reconstructions. a**, Atmosphere CO_2 concentration⁴⁰. **b**, ²³¹Pa/²³⁰Th ratios of sediment core OCE326-GGC5 from the deep subtropical North Atlantic²¹. **c**, Sedimentary authigenic U concentrations as a deep-water oxygenation proxy from a deep Southern Ocean sediment core (TN057-13PC)³¹. **d**, B-Atm age evolution of UCDW recorded by deep-sea corals of Drake Passage^{13,41}. **e**, B-Atm age evolution of low-latitude intermediate waters (this study). Dashed green and pink lines represent the scenario with atmosphere p_{CO_2} as the only factor affecting ¹⁴C-reservoir age for the EEP and equatorial Atlantic intermediate waters, respectively (Methods). Ellipses and bars show the 2 σ uncertainties of the data points. Uncertainties are not shown for cases in which they are smaller than the symbols. AMOC, Atlantic meriodonal overturning circulation.

a trend towards better-ventilated oceanic signatures at low latitudes (Fig. 2a) and possibly recording the influence of enhanced formation of ¹⁴C-rich NADW at this time^{13,27}. Dedicated ocean modelling work (such as applying the transit-time distribution technique²⁸) will be needed to precisely deconvolve the ¹⁴C effects of physical circulation change, variable surface ocean disequilibrium and variable atmosphere ¹⁴C propagated into the interior ocean. Our finding that the observed intermediate-water Δ^{14} C in the Atlantic and Pacific largely track atmospheric Δ^{14} C with a predictable $p_{\rm CO_2}$ -dependent offset will be crucially important in these efforts.

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Implications for deglacial carbon cycling

Our study provides unique constraints on oceanic carbon-cycle dynamics during the last deglaciation. First, we argue that episodes of anomalous intermediate-depth ¹⁴C depletion recorded by benthic foraminifera (Fig. 2 and Extended Data Fig. 1) are very likely to be sedimentary rather than global or basin-scale water mass features. The impact of geological carbon on deglacial carbon cycle must therefore be re-evaluated in climate models in light of the new data obtained in this study. Second, due to the precise age control on deep-sea corals, we can resolve a minor excursion in the well-equilibrated intermediate-water ¹⁴C records during HS1 (that is, from ~18 ka to 15-16 ka). This signature is indicative of enhanced mixing of relatively ¹⁴C-depleted, presumably carbon-enriched, deep reservoirs with the upper ocean during the early deglaciation, consistent with CO₂ outgassing of low-latitude upwelling zones^{29,30} and improved ventilation in the deep Southern Ocean³¹ (Fig. 3c) and resulting in atmosphere p_{CO_2} rise (Fig. 3a). Finally, surface ¹⁴C-reservoir age variability in the mid- to low-latitude surface oceans is a consequential and much-debated source of uncertainty in dating marine sediment cores on the basis of planktonic foraminifera ¹⁴C measurements. Given that surface and thermocline waters are linked by high-latitude upwelling and that surface waters have more carbon isotope exchange with the atmosphere than the intermediate waters at any time, the limited apparent ventilation age changes in our coral-based data would require that surface ¹⁴C-reservoir age variability in the mid-low latitudes should also be limited during the last deglaciation, unless there were substantial changes in local subsurface upwelling. Such understanding is consistent with recent surface (0-100 m) reservoir age simulations that show local variability of less than 500 years in the mid-low latitudes (for example, 40° S to 40° N) over the past 20 kyr³². Overall, our precise reconstruction of intermediate-water ¹⁴C changes yields powerful constraints on mixing between the deep and upper ocean as well as the ocean carbon cycle at the end of the last ice age.

Online content

Any methods, additional references, Nature Research reporting summaries, source data, extended data, supplementary information, acknowledgements, peer review information; details of author contributions and competing interests; and statements of data and code availability are available at https://doi.org/10.1038/ s41561-020-0638-6.

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Methods

Materials and analytical methods. The deep-sea corals were collected from the Galápagos platform in the EEP by both dredging and remotely operated vehicle (ROV) and in the low-latitude equatorial Atlantic by ROV13,42,43 (Extended Data Figs. 3, 4 and 5). Under modern circulation, the studied two sites are in part fed by intermediate/mode water originating from the Southern Ocean, with some inputs from the North Atlantic and North Pacific, so they are well suited to testing hypotheses that link the various pathways of upper-deep ocean mixing and mean state of the upper-ocean ventilation. Aragonite deep-sea corals are insensitive to sedimentary processes because they live above the sediment-water interface. Therefore, deep-sea corals can provide a well-constrained 14C activity of bottom water on a precisely dated absolute age scale. In previous deep-sea coral 14C studies of the Southern Ocean^{13,41}, for example, the generation of ¹⁴C temporal evolution is by linking corals growing on different locations and a range of depths, which could potentially incorporate spatial ¹⁴C variability in the temporal evolution records. Nevertheless, an obvious strength in this study is that we reconstruct the deglacial 14C ventilation histories using samples essentially growing at the same locations/depths by a single dredge or ROV dive during sample recovery for both oceans. One set of deglacial samples is from the Galápagos Platform recovered from water depth of ~627 m (Fig. 1, Extended Data Figs. 3, 4 and 5 and Extended Data Table 1). In addition, we present new data (Extended Data Tables 1 and 2 and Extended Data Fig. 6) that fill in a critical gap (late HS1) of an existing 14C record of equatorial Atlantic intermediate waters at water depths of ~1,080 $\rm m^{13}$. This composite record is dominated by samples from a single ROV dive at the eastern Atlantic Carter Seamount, with only a few data points from similar water depths at other seamounts¹³ without influencing our data interpretation (Extended Data Fig. 4). Therefore, our samples yield two well-resolved, location-bias free, 14C records since the LGM. In both the Pacific and Atlantic, the intermediate waters sampled by our coral-based datasets are part of the upper-ocean circulation system and should therefore provide reliable constraints on the release of 14C-depleted carbon from either the deep ocean or geologic sources, as well as on the dissipation of that carbon through the upper ocean and atmosphere.

The deep-sea coral from the Galápagos platform are mostly large colonial coral fragments with chunky dense structures. No sign of boring holes or alterations were observed after the samples were cut and cleaned. Uranium-thorium (U-Th) ages of the EEP deep-sea corals have been analysed previously⁴⁴. The intermediate-water 14C record of the equatorial Atlantic is partly based on the published data¹³ (that is, group B of the coral samples in that study). In our study, we have analysed more samples mainly from the late HS1 on the basis of the age-screening results using the laser ablation multi-collector inductively coupled plasma mass spectrometry (LA-MC-ICPMS) method developed at the University of Bristol⁴⁵. For U-Th dating of the new coral samples of the equatorial Atlantic, we have followed the method that has been described previously in the same lab13 and will not be reiterated here. One advantage of the U-Th ages of the coral samples published¹³ and new ones in this study is that they were processed in the same way, and therefore no systematic error is expected between different sets of samples. The 14C data of this study were analysed by the new accelerator mass spectrometry (AMS) facility recently installed at the University of Bristol, while coral ¹⁴C data published by Chen et al.¹³ were measured in the AMS lab of the University of California, Irvine (UCI). We have remeasured some coral samples that were previously analysed in UCI. The results (Extended Data Fig. 6 and Extended Data Table 3) show that the ¹⁴C ages analysed in Bristol reproduce quite satisfactorily even if coral samples might themselves contain some inhomogeneity. The pretreatment of the coral samples for 14C measurement in Bristol essentially followed the method of UCI. Each coral sample with weight of approximately 15-20 mg was put into a glass tube for acid leach. We have leached the sample to ~10 mg with hot 0.1 N HCl before graphitization. After the samples were dried, they reacted with concentrated phosphoric acid to produce CO2, which was transferred into the gas line with helium as the carrier gas to an automated graphitization device. After graphitization, the targets were measured by the MICADAS AMS with acceleration potential of 200 kV. The fossil coral with ages much older than 50 ka graphitized by the automated device typically give blank ¹⁴C ages of 46–50 ka. All data are reported after blank correction with 2σ error given in Extended Data Table 1.

¹⁴**C data report.** There are three ways to present ¹⁴C data in this study. (1) The first is the known-age ¹⁴C correction Δ^{14} C, which is expressed as Δ^{14} C_{coral} = (Fm × e^(calendar age/8,267) – 1)×1,000. (2) To allow direct comparison for the changing atmosphere ¹⁴C inventory, deep-water ¹⁴C is often reported as the B-Atm age, which equals R_{coral} – R_{atmosphere}. R_{coral} is the ¹⁴C age of corals and R_{atmosphere} is the ¹⁴C age of the contemporaneous atmosphere. Error propagation of the uncertainties follows those described previously¹³ with a Monte Carlo technique. (3) Third is offset of deep-water ¹⁴C from the contemporary atmosphere, which is expressed simply as $\Delta\Delta^{14}$ C = Δ^{14} C correl – Δ^{14} C atmosphere. However, $\Delta\Delta^{14}$ C will change with a changing atmosphere ¹⁴C pool, without the true ¹⁴C ventilation change. One useful way to apply ¹⁴C as a geochemical tracer is to calculate inventory-corrected $\Delta\Delta^{14}$ C_{corr} (ref. ¹⁷), which can be expressed as $\Delta\Delta^{14}$ C correl (exp($\lambda_{Libby} \times (R_{atmosphere} - R_{coral}) - 1) × 1,000$, where λ is the ¹⁴C decay constant calculated from the sumport atmosphere and R_{coral} are the ¹⁴C age of contemporaneous atmosphere and coral

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sample, respectively. Note this metric is functionally the same as what was defined elsewhere in the literature as $\Delta^{14}C_{atm normalized}$ (ref. ⁴⁰) and ε (ref. ⁴⁷). The $\Delta\Delta^{14}C_{corr}$ has not corrected the impact of variable atmospheric $\Delta^{14}C$ propagated into the interior ocean. Atmosphere ¹⁴C evolution is taken from the IntCal13 calibration curve³⁹.

Possible causes of EEP 14C depletions. While there is growing consensus on more 14C-depleted deep oceans during LGM than today2,41,47-54, large data scatter is observed at different depths during this period². The ¹⁴C data of deep thermocline foraminifera species of the equatorial Atlantic⁵⁵ closely track our records, while data of buried deep-sea coral from the Brazilian margin show larger scatter (Extended Data Fig. 1d). Deglacial intermediate-water 14C data in the mid- to low-latitude eastern Pacific published over the past three decades^{5,12,14,34-38,57} show most pronounced variability compared with the deep-ocean records (see a recent compilation⁵⁸). It is not yet fully clear what has caused the observed large Δ^{14} C differences between different records apart from age-model uncertainties and bioturbation, especially in the intermediate waters. There is indeed pockmark evidence for deglacial releases of clathrates to the overlying water⁵⁹, but there is no evidence to support their distinct role in the deglacial carbon cycle. Compilation of global occurrences of seep carbonate formation over the last two glacial cycles instead implied that enhanced clathrates release occurred during warm high-sea-level stands60. Regarding hydrothermal carbon contribution to the EEP region, it is likely that diffusion of old carbon from depth did not inject in large quantities to the overlying water mass but remained in the pore waters and at sediment-seawater interfaces, causing large excursions in the benthic foraminifera records without greatly affecting bottom waters. Indeed, negative deglacial excursions of δ^{13} C are observed in benthic foraminifera records of the EEP with different durations and magnitudes probably linked to pore-water chemistry¹ However, it is not possible to reconstruct seawater $\delta^{13}C$ (a measure of the ratio of stable isotopes ¹³C/¹²C, defined as $\delta^{13}C = ((^{13}C/^{12}C)_{sample}/(^{13}C/^{12}C)_{standard} - 1) \times 1,000)$ based on the stable carbon isotopes of scleractinian corals because they are strongly regulated by biological vital effects62. Therefore, our study is unable to provide independent evaluation from the coral stable isotope perspective. Other possibilities such as diagenetic overprint⁶³ or species effect^{38,64} are also worth investigating, but they appear not to be the fundamental causes for benthic foraminifera 14C depletions in the EEP10,11.

 p_{CO_2} effect. The p_{CO_2} effect describes the phenomenon that atmospheric carbon isotopes exchange more slowly with the seawater when the atmosphere CO₂ concentration is lower¹⁸. This might result in an increase of surface ¹⁴C-reservoir age by ~250 years, which is then rapidly propagated into the intermediate waters, during the LGM compared with the modern, even when ocean circulation remains invariant. It is important to take this effect into account for our precisely dated coral samples that aim to track nuanced changes in the ocean-circulation-induced ¹⁴C variability of intermediate waters. Rather than introducing new metrics of the ¹⁴C to consider the p_{CO_2} effect, we simply construct two curves as shown in Fig. 3e with Holocene B-Atm ages of 700 and 900 years, respectively. We then assume all else being equal, and the p_{CO_2} leffect on ¹⁴C-reservoir age is calculated as B-Atm_i=B-Atm_{Holocene} × (p_{CO_2})_{Holocene} / (p_{CO_2})₁¹⁸, where *t* is the calendar age. We also have calculated the ¹⁴C age offset of each coral record from the two baseline curves, respectively, which is shown in Extended Data Fig. 2.

Effect of variable atmospheric Δ^{14} C propagated into the interior ocean. The impact of changing atmospheric Δ^{14} C on initial ¹⁴C content of deep waters at the time of their formation makes it challenging to deconvolve ocean circulation changes from small B-Atm 14C age excursions. It is interesting to explore whether the small variability in ventilation age of intermediate waters still holds during the last deglaciation when incorporating the influence of variable atmosphere Δ^{14} C propagated into the interior ocean. The projection age technique attempts to measure the time lag between the entrainment of surface source waters down to greater depths and the time that this Δ^{14} C is recorded by benthic organisms (for example, corals or foraminifera, see graphic illustration by Cook et al.¹⁷). The projection age thus has the potential to take into account the impact of variable atmosphere Δ^{14} C propagated into the interior ocean. We have calculated the projected age (Extended Data Fig. 7) of the intermediate waters to a hypothetical well-equilibrated surface source (that is, Marine13 calibration curve³⁹). In reality, changes in the projection age should reflect combined effects of source-water aging and mixing in the deep ocean, as well as variability of the air-sea exchange disequilibrium in the surface ocean. In our study, a higher projection age could mean more isolated, 'older' source waters supplying the intermediate layers, or reduced surface air-sea carbon isotope exchange of the source waters before subducting into the intermediate layers or a combination of these two effects. Overall, the calculated projection age (Extended Data Fig. 7) has a quite small variability and shows decline by only a few hundred years during the last deglaciation, in corroboration with the understanding based on 'B-Atm age' without considering the impact of variable atmospheric Δ^{14} C propagated into the interior ocean. In addition, the increasing projection age of the well-resolved Atlantic record from the early (~18 ka) to late (~15-16 ka) HS1 will reinforce our argument on increased mixing of isolated deep waters into the intermediate layers during this period as discussed in the main text. It should be noted that 'projection

age' uses a simple assumption about initial ¹⁴C signatures of source waters and still could not fully account for the complexity of various sources of deep waters with different ages²⁸ supplying the intermediate waters. Nevertheless, the coherency of the understanding from the evolution of B-Atm age and projection age lends strong support to our interpretation on ocean circulation change during HS1.

Data availability

Sample location information, U-series ages and radiocarbon data that support the findings of this study are available in Extended Data Tables 1–3 and Mendeley Data https://doi.org/10.17632/vxrmfch8h9.1. The atmosphere CO_2 concentration records, radiocarbon data, ²³¹Pa/²³⁰Th and authigenic uranium flux cited in this study were previously published in refs. ^{13,21,31,39–41} and are available in the Source Data. The calculated B-Atm age trend without circulation change as well as projection age of the low-latitude coral samples are also available in the Source Data. Detailed information on published foraminifera age and radiocarbon data are available from a recent comprehensive compilation⁵⁸ (https://www.ncdc.noaa.gov/paleo/study/21390). Source data are provided with this paper.

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Author contributions

T.C. and L.F.R. designed the study and wrote the paper. L.F.R., D.J.F. and K.S.H. collected the deep-sea coral samples. T.C., L.C., T.L. and T.D.J.K. did the U-series and ¹⁴C analysis. All authors contributed to the discussion on data interpretation and improving the manuscript draft.

Competing interests

The authors declare no competing interests.

Additional information

Extended data is available for this paper at https://doi.org/10.1038/s41561-020-0638-6. **Supplementary information** is available for this paper at https://doi.org/10.1038/s41561-020-0638-6.

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Extended Data Fig. 1 | Compiled ¹⁴**C** evolution of mid-low latitude intermediate water records during the last deglaciation. (a) Δ^{14} C of the eastern Pacific; (b) Δ^{14} C of the equatorial Pacific and Atlantic corals; (c) $\Delta\Delta^{14}C_{corr}$ of eastern Pacific records that did not show large ¹⁴C depletions; (d) $\Delta\Delta^{14}C_{corr}$ of eastern Pacific records that did not show large ¹⁴C depletions; (d) $\Delta\Delta^{14}C_{corr}$ of eastern Pacific records that did not show large ¹⁴C depletions; (d) $\Delta\Delta^{14}C_{corr}$ of eastern Pacific records with large ¹⁴C depletions in comparison to our data; (e) $\Delta\Delta^{14}C_{corr}$ of mid-low latitude Atlantic records. Also shown in (a) is the atmosphere Δ^{14} C evolution with $\pm 2\sigma$ uncertainty³⁹. The legend in (a) shows the materials used for the ¹⁴C reconstruction^{5,10,12-14,34-38,55,561}. Symbols are the same as in Fig. 1. For clarity, 2σ error ellipses of $\Delta\Delta^{14}C_{corr}$ of published data are not shown.



Extended Data Fig. 2 | Radiocarbon age offset of the deep-sea coral data from the expected trend forced by the atmospheric pCO₂ induced air-sea isotope exchange efficiency change alone. Note vertical axis is reversed. Zero ¹⁴C age offset means a Holocene-like ¹⁴C ventilation in the upper ocean.



Extended Data Fig. 3 | The bathymetry and sample locations of the Galápagos platform. VM21-30¹⁰ showed the most depleted benthic ¹⁴C content during the deglacial period reported so far.



Extended Data Fig. 4 | Age-depth distribution for reported deglacial deep-sea corals. Red dots represent samples from the EEP while the green diamonds represent samples from the Equatorial Atlantic.



Extended Data Fig. 5 | Sample locations of this study and hydrography of the Pacific and Atlantic transections. Upper panel: Pacific; Lower panel: Atlantic. Colour maps denote oxygen concentrations (μ mol/kg) while contours denote neutral densities (kg/m³). These low-latitude corals located close to or within the oxygen minimum zone as a result of oxygen utilization by remineralization of the falling biogenic particles along the advection path from the high to low latitude oceans. Data were from GLODAP¹ and were plotted with ODV.



Extended Data Fig. 6 | Data comparison between published dataset and this study. (a) Deglacial data from low latitude intermediate Atlantic. New data of YD and HS1 presented in this study are shown by orange diamond and hollow diamond, respectively. (b) The difference between ¹⁴C ages measured in the Bristol AMS and in the UCI AMS. Note the age differences also include the inhomogeneity of deep-sea coral samples.



Extended Data Fig. 7 | Projection age calculated from data of the deep-sea corals in this study. Note that the coral ¹⁴C data are projected to the average global surface ocean reservoir (that is, Marine13 calibration curve³⁹). In this case, the projection age would be systematically lower than the B-Atm age which is compared to the atmosphere.

Region	sample name	Latitude (°N)	Longitude (°E)	Depth (m)	Age (year BP)	2 sigma	¹⁴ C age	2 sigma	∆¹⁴C (‰)	∆∆¹⁴C (‰)	B-Atm (year)
Eq. Atlantic	f0001carcs001	9.216	-21.316	1080	5427	145	5425	59	-19	-94	738
Eq. Atlantic	f0001carcs027	9.216	-21.316	1080	12428	304	11329	67	97	-122	843
Eq. Atlantic	f0001carcs016	9.216	-21.316	1080	15157	230	13747	78	130	-154	1025
Eq. Atlantic	f0001carcs061	9.216	-21.316	1080	15583	167	14128	83	134	-170	1119
Eq. Atlantic	f0001carcs024	9.216	-21.316	1080	15983	284	14392	81	152	-170	1103
Eq. Atlantic	f0001carcs044	9.216	-21.316	1080	16003	220	14435	81	148	-175	1131
Eq. Atlantic	f0001carcs065	9.216	-21.316	1080	16801	138	14972	88	183	-175	1107
Eq. Atlantic	f0001carcs051	9.216	-21.316	1080	18654	198	16606	96	208	-199	1220
Galápagos	MV1007-DO9-19	0.459	-90.712	627	145	17	975	50	-99	-97	818
Galápagos	NA064-118-1-C-2A	-0.371	-90.815	419	2517	21	3343	53	-106	-101	855
Galápagos	NA064-117-01-C- 2B	-0.371	-90.815	421	2942	55	3673	53	-96	-99	838
Galápagos	NA064-118-1-C-2B	-0.371	-90.815	419	3101	41	3787	53	-92	-100	841
Galápagos	MV1007-DO3-4-37	0.459	-90.712	627	11231	63	10740	69	22	-123	915
Galápagos	MV1007-DO9-2	0.787	-91.304	589	11843	68	10920	69	76	-104	741
Galápagos	MV1007-DO3-5-16	0.459	-90.712	627	12178	70	11275	71	72	-127	899
Galápagos	MV1007-DO3-4-53	0.459	-90.712	627	13604	74	12788	76	55	-137	984
Galápagos	MV1007-DO3-4-27	0.459	-90.712	627	13654	200	12943	78	41	-155	1107
Galápagos	MV1007-DO3-4-55	0.459	-90.712	627	13873	74	13079	77	51	-144	1031
Galápagos	MV1007-DO3-2-4	0.459	-90.712	627	14458	92	13379	79	87	-139	965
Galápagos	MV1007-DO3-4-60	0.459	-90.712	627	14467	114	13400	79	86	-142	985
Galápagos	MV1007-DO3-4-51	0.459	-90.712	627	15086	118	13852	80	106	-178	1202
Galápagos	MV1007-DO3-4-59	0.459	-90.712	627	16153	129	14559	85	152	-176	1139
Galápagos	MV1007-DO3-4-20	0.459	-90.712	627	16285	150	14650	86	157	-173	1114
Galápagos	MV1007-DO3-2-2	0.459	-90.712	627	16383	106	14919	88	133	-200	1306
Galápagos	MV1007-DO3-2-3	0.459	-90.712	627	16535	93	15021	88	139	-203	1313
Galápagos	MV1007-DO3-2-1	0.459	-90.712	627	16581	92	15059	88	140	-204	1322
Galápagos	MV1007-DO3-4-52	0.459	-90.712	627	16593	91	15082	89	139	-206	1333
Galápagos	MV1007-DO3-2-13	0.459	-90.712	627	16622	92	15009	89	152	-194	1245
Galápagos	MV1007-DO3-2-15	0.459	-90.712	627	16672	109	15140	89	141	-208	1342
Galápagos	MV1007-DO3-5-37	0.459	-90.712	627	16710	111	15158	90	144	-208	1344
Galápagos	MV1007-DO3-4-42	0.459	-90.712	627	17259	127	15507	91	170	-210	1329

Extended Data Table 1 | Radiocarbon data of the Galápagos deep-sea coral together with new data from the equatorial Atlantic intermediate waters. The table includes the location, depth, calendar age, ¹⁴C age, Δ^{14} C, $\Delta\Delta^{14}$ C, and B-Atm age of the deglacial samples reported in this study.

sample name	U-Th Age (years) after corr.	2 sigma	U-Th Age (years) before corr.	2 sigma	$\delta^{234}U_{meas}$	2 sigma	$\delta^{234} U_{initial}$	2 sigma	[²³⁰ Th/ ²³⁸ U]	2 sigma	²³⁸ U (ppm)	2 sigma	²³² Th (ppt)	2 sigma
f0001carcs001	5,493	145	5631	34	146.2	1.0	148.5	1.0	0.0577	0.0003	5.12	0.01	1564	6.48
f0001carcs061	15,649	167	15737	142	144.2	1.2	150.8	1.3	0.1540	0.0013	4.49	0.02	863	5.27
f0001carcs024	16,049	284	16297	138	144.9	1.0	151.6	1.1	0.1592	0.0012	4.40	0.02	2375	12.80
f0001carcs044	16,069	220	16258	109	144.2	1.1	150.9	1.1	0.1587	0.0010	4.36	0.01	1801	8.10
f0001carcs065	16,867	138	16953	107	142.4	1.1	149.4	1.1	0.1648	0.0009	4.48	0.01	839	3.85
f0001carcs051	18,720	198	18854	146	137.8	1.1	145.3	1.1	0.1810	0.0013	4.70	0.01	1367	6.03

Extended Data Table 2 | New U-Th age data of the deep-sea corals from the equatorial Atlantic. The table includes the detailed U-series data of deep-sea corals analyzed in this study.

sample name	¹⁴ C age @Bristol (year)	2 sigma	¹⁴ C age @UCI (year)	2 sigma	Difference (year)	2 sigma	
f0076carcs001	1661	52	1636*	39	25	58	
f0108carcs003	10490	60	10455*	51	35	69	
f0123descm001	10890	54	10880*	50	10	55	
f0073carcs001	14949	74	15007*	72	-58	94	
0186carcs005	20243	108	20218*	127	25	111	
f0076carcs010	26006	194	25970	240	36	197	
0183carcm001	30212	312	30350	380	-138	341	

Extended Data Table 3 | Test of the coral radiocarbon age reproducibility between AMS in UCI and Bristol. The table includes ¹⁴C data measured by accelerator mass spectrometer in the University of Bristol as well as the University of California Irvine. Data published in Chen et al.¹³.